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## DEB - ALEXANDER HOPE

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He says he loves you. So...why does he do that? You've asked yourself this question again and again. Now you have the chance to see inside the minds of angry and controlling men—and change your life. In **Why Does He Do That?** you will learn about:

- The early warning signs of abuse
- The nature of abusive thinking
- Myths about abusers

**Why Does He Do That? by Lundy Bancroft: 9780425191651 ... Why Does He Do That?**

### on Apple Books

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**Why Does He Do That?: Inside the Minds of Angry and ...**

**Why Does He Do That**

- He justifies his hurtful actions or says you "made him do it." Here the abuser is using your behavior as an excuse for his own....He says he'll stop some form of abuse if you give up something that bothers him, which is usually something you have every right to do (p. 128).
- He touches you in anger or makes you fearful in other ways.

**Why Does He Do That?** has become the go-to book for women who have partners who are angry, controlling, or unfaithful. It answers the 20 questions that women most

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In The Press. Praise for Lundy Bancroft and Why Does He Do That? "Bancroft has opened a window into the thinking of abusive men, and his book helps open a door out of abusive relationships."—Gavin de Becker, New York Times bestselling author of The Gift of Fear and Fear Less

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Community Reviews. He is a victim of racism. As Muslims are often in circumstances to be on the receiving end of racism, Orientalism and Islamophobia, I

thought this item needed addressing here. Racism causes a great deal of real stress, but non-abusive men deal with that stress in ways other than abusing.

About Why Does He Do That?. In this groundbreaking bestseller, Lundy Bancroft—a counselor who specializes in working with abusive men—uses his knowledge about how abusers think to help women recognize when they are being controlled or devalued, and to find ways to get free of an abusive relationship.

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FREE - Lundy Bancroft's "Why Does He Do That" Read Online. Also, just read the following from Heartless Bitches article that conveys my message: "...Remember: Safe People are people who draw you closer to who you were meant to be spiritually, emotionally, mentally and physically. They encourage you to be your most loving, growing self". He is manipulative; he misleads people inside and outside of the family

about his abusiveness, he twists arguments around to make other people feel at fault, and he turns into a sweet, sensitive person for extended periods of time when he feels that it is in his best interest to do so. His public image usually contrasts sharply with the private reality.

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