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This Messy Magnificent Life . Attention is everything. Without it, all else is a temporary fix and no long-lasting change is possible. CHAPTER ONE

This Messy Magnificent Life : NPR

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Written in her trademark humorous, yet wise voice, Roth's latest offering, *This Messy Magnificent Life*, is a compelling exploration into how women's beliefs and traumas combine with social pressures to shape their ideas about their bodies, choices, and relationships.

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Find Geneen's book, *This Messy Magnificent Life*, and try "The Red String" exercise. Also, check out one or more of the recommended links in the Resources section below. Healthy-Living Wisdom, Delivered to Your Door. Get your discounted print subscription to *Experience Life* magazine for just \$19.95 — and sign up for their free e ...

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Messy Magnificent Life. When life gets Messy

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