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## 4E2 - CALLAHAN MATHEWS

Use this key to unlock THE SECRET and live the life of your dreams... Following on from the hugely successful THE SECRET, this book is a simple 'how to' guide for using the Law of Attraction to create the life you desire. THE KEY explains not only what you need to know but what you need to do in order to attract what you want in your life. It addresses important issues of clarity, purpose and action. This thought-provoking guide will take you step-by-step through the processes of defining your dreams, goals and desires. And along the way you will gain a greater understanding of yourself - a sense of who you really are and why you are here. Your journey begins right here, right now. You can change your life, increase your awareness and empower yourself to create an amazing future - one that is filled with love, joy and abundance.

Chicken Soup for the Soul: From Lemons to Lemonade will inspire, encourage, and motivate you to turn any sour situation into a better one with its 101 personal stories from others who turned a negative into something positive. When life hands you lemons... make lemonade! This collection is full of inspiring true stories from others who did just that, and will help you make the best of any bad situation. You will find inspiration, encouragement, and guidance on turning what seemed like a negative into something positive in these 101 sweet stories of success!

"An ideal book for anyone who really wants to achieve more in life"\* from Jack Canfield and Mark Victor Hansen, the #1 New York Times bestselling authors of the Chicken Soup for the Soul series. How are you doing? Just okay? Not so great? Getting by? Jack Canfield and Mark Victor Hansen have inspired millions of people around the world to break through their fears and create their ideal lives. Now, in Dare to Win, they show you how to eliminate the roadblocks that prevent you from fulfilling your potential so you can get what you want out of life. From expanding your imagination and focusing your ener-

gy, to achieving total prosperity and awakening your spiritual self, Dare to Win teaches you to think like the winner you truly are and to believe in what you can become. You'll soon discover that you can conquer your fears, accept life's rewarding challenges—and win.

Readers will find hope, help, and hints on getting and staying healthy in these 101 personal stories about dieting and fitness. Chicken Soup for the Soul: Shaping the New You is a perfect pick-me-up for anyone looking to start fresh or needing a boost. No one likes to diet, but the personal stories in Chicken Soup for the Soul: Shaping the New You will encourage and inspire readers with its positive, practical, and purposeful tales of dieting and fitness. This is a great book for anyone embarking on a healthier lifestyle.

The No1 problem that stops people getting what they want is lack of focus. Those that focus on what they want to achieve prosper, while those that don't struggle. In The Power of Focus, you'll discover the specific focusing strategies used by the world's most successful men and women. In this new, updated edition, you'll find out how to: - Focus on your strengths and eliminate everything that is holding you back - Change bad habits into habits that will make you debt-free and wealthy - Create an excellent balance between work and family life - without guilt! Your ability to focus will determine your future, so start now!

Collects inspirational stories of people touched by supernatural experiences with their dead loved ones.

A book and DVD combine to explain a new technique—called Meridian Tapping or Emotional Freedom Techniques—designed to help remove fears, doubts and other upsetting feelings that prevent one from living to the fullest. Co-written by the creator of the Chicken Soup for the Soul series. Reprint.

Whether your idea of travel at its finest is trekking through Europe with a backpack, a map and a foreign-language dictionary; road-tripping across America in a fully load-

ed RV; or cruising the Caribbean aboard a luxury liner, Chicken Soup for the Traveler's Soul celebrates the people you'll meet, the lands you'll discover and the lessons you'll learn.

The Complete Master Key System builds on the classic work of Charles Haanel to teach contemporary audiences how to tap into their personal potential and manifest harmony, abundance, and fulfillment. Published in 1912, The Master Key System went on to influence Ernest Holmes, Napoleon Hill, and many others who sought to use mental power as a means of attaining success. In The Complete Master Key System, William Gladstone, Richard Greninger, and John Selby hark back to Charles Haanel's original text, and develop exercises that heighten readers' ability to implement Haanel's core principles. Their Daily Manifestation Sessions incorporate the most effective focusing methods used today and integrate ancient meditative techniques with new insights in cognitive psychology. The Complete Master Key System is packaged with Haanel's original Master Key System in the appendix and includes a foreword by Mark Victor Hansen and an afterword by Jack Canfield.

Learn the secret of getting everything your heart desires. By the authors of Chicken Soup for the Soul their latest best seller tells you all you need to do is dare

The Principles Always Work If You Work the Principles Get ready to transform yourself for success. Jack Canfield, cocreator of the phenomenal bestselling Chicken Soup for the Soul® series, turns to the principles he's studied, taught, and lived for more than 30 years in this practical and inspiring guide that will help any aspiring person get from where they are to where they want to be. The Success Principles™ will teach you how to increase your confidence, tackle daily challenges, live with passion and purpose, and realize all your ambitions. Not merely a collection of good ideas, this book spells out the 64 timeless principles used by successful men and women throughout history. And the fundamentals are the same for all people and all

professions -- even if you're currently unemployed. It doesn't matter if your goals are to be the top salesperson in your company, become a leading architect, score straight A's in school, lose weight, buy your dream home, or make millions of dollars—the principles and strategies are the same. From learning these basics, you can then tackle the important inner work needed to transform yourself. After this inner work, you can turn to building a "success team" and the important ways of transforming your relationships for lasting success. Finally, because success always includes a financial dimension, you can learn to develop a positive money consciousness along with the habits that will ensure that you have enough to live the lifestyle you want, while keeping the importance of tithing and service central to your financial practice. Taken together and practiced every day, these principles will transform your life beyond your wildest dreams! Filled with memorable and inspiring stories of CEO's, world-class athletes, celebrities, and everyday people, *The Success Principles™* will give you the courage and the heart to start living the principles of success today. Go for it!

A self-made millionaire shares the secrets of his success in this updated and repackaged classic. Brian Koslow made his first million dollars by the time he was thirty-one, and as an executive coach he's helped others do the same. In *365 Ways to Become a Millionaire*, Koslow shares the principles that put him on the road to wealth and invites readers to follow the same path to their own fortunes. Through 365 practical and philosophical tips, Koslow shows people how to build a mind-set for success and turn their wealth-building aspirations into reality. For anyone ready to stop dreaming about wealth and start building it, *365 Ways to Become a Millionaire* will show them the way.

Every year, millions of women wait with anticipation as they watch their test strip change from white to pink, thus beginning the awesome adventure of becoming a mother. This latest *Chicken Soup* book will find a place in the loving hearts and anxious minds of expectant mothers (and some fathers, too!).

Have you ever asked yourself why you are on planet Earth? And what the ultimate purpose for your life might be? Well, Jack Canfield asked himself this very question and came up with a surprising answer—part of which included a vision revealing that he is part of a "Golden Motorcycle Gang"—a gang whose intent is to have fun, but also to make significant contributions to the well-being of humanity. During

a joyful dinner many years ago in Santa Barbara, California, Jack told his friend William Gladstone about the Gang. Upon hearing this account, William had an epiphany that Jack's story held a powerful underlying truth not only explaining Jack's true purpose, but William's as well. For more than ten years, William encouraged Jack to write a book based on the story of the Gang, so they have now collaborated on this work to show you its relevance to this critical moment in the history of human civilization . . . and also to you, personally. As you read, you will be introduced to some of the extraordinary members of the Golden Motorcycle Gang, including visionary thinkers such as Barbara Marx Hubbard, the originator of the concept of Conscious Evolution. The mystery and adventure inherent in this book reveals that there is now the opportunity for all of us on planet Earth to make a quantum leap in real time toward choosing the actual course of our evolution. Along the way, we are meant to experience the joy that comes from recognizing who we really are. Perhaps, as you embark on Jack's journey along with him . . . you will find that you are also a member of the Golden Motorcycle Gang! So get ready for the adventure of your life!

A true labor of love, this pocket-sized collection holds stories about people who chose hope over hopelessness, who extended a hand to someone in need, and who held fast to their faith when the odds were against them. We are confident that these inspiring stories will remind you about what's important in life—faith, kindness, compassion, and forgiveness—and encourage you to remember you are never alone.

Through the experiences of others, readers from all walks of life can learn the gift of love, the power of perseverance, the joy of parenting and the vital energy of dreaming. Share the magic that will change forever how you look at yourself and the world around you.

**YOUR ACTION PLAN FOR SUCCESS!** Don't just dream about the life you want. Take action with this essential companion guide to Jack Canfield's #1 success book. Hailed by Oprah Winfrey as "a guide to how to lift your life to where it can be," *The Success Principles®* from #1 New York Times bestselling author Jack Canfield (*Chicken Soup for the Soul®*, *The Power of Focus*) has inspired more than one million readers to achieve their dreams and fulfill their purpose. But knowledge is nothing without action. Now, with *The Success Principles Workbook*, Canfield challenges you to put the principles into action and get the very most out of his central lessons. The Suc-

cess *Principles Workbook* revisits the original book's core principles—including "Take 100% Responsibility for Your Life" and "Decide What You Want"—then provides step-by-step instructions, self-discovery exercises, *Make-It-a-Habit* worksheets, and guided journaling to keep you on a path to success. Whether you want to fulfill your professional and personal goals, create an exciting new lifestyle, retire early, develop a better network, or achieve your deepest purpose, this indispensable book will provide the clarity you've been seeking to give you the future you've always wanted. Because "a picture is worth a thousand words," *Chicken Soup for the Soul* offers this very special book that takes a humorous look at motherhood from the perspective of internationally syndicated and award-winning cartoonist John McPherson. So much of the joys and frustrations of motherhood cannot be adequately expressed in words, and that's where this book fills the bill. A departure from all other books in the *Chicken Soup for the Soul* series, this collection is 100% cartoons and guaranteed to make every mom laugh out loud. This mirth-filled gem depicts everything from pregnancy to empty nest and all points in between, in a tribute to motherhood that is filled with as much laughter as love. Every mother will enjoy the 200 John McPherson original cartoons that fill these pages, and wherever she may be on the journey of motherhood, this book will strike a chord, elicit a smile and bring forth a laugh.

Whether single, separated or someone's spouse, everyone wants to find and keep this elusive thing called love. Bestselling author and foremost relationship expert Barbara De Angelis teams up as a co-author of *Chicken Soup for the Couple's Soul*, a collection of heartwarming stories about how real people discovered true love with the person of their dreams.

Today's kids face grave issues and harder decisions than ever before. Gang warfare, violence, drugs, alcohol, smoking, pregnancy, depression and suicide have found their way into middle and elementary schools. Divorce splits apart families every day. These issues make kids feel as if they must understand and accept all the troubles of the world.

Jack Canfield, with the help of esteemed coauthors Kelly Johnson and Ram Ganglani, explains what positive affirmations are (and what they are not), why they are so effective, and how to effortlessly integrate their practice into your life. Canfield covers all areas of life, from financial prosperity and creative pursuits to your career and positive relationships.

Bestselling author, entrepreneur, speaker, and life and business coach Romi Neustadt has a message for women: You CAN have it all—just not at the same damn time. Romi Neustadt is a mom of two, a wife, a daughter, bestselling author, speaker, entrepreneur, and coach. What's more, she's achieved these things without a staff of 10, the ability to sleep two hours a night or driving herself batsh\*t crazy. She's figured out the key to having it all: Priorities, babe. In her second book, Romi provides a no-BS blueprint for women to figure out what to focus on and what not to. She explains why saying YES to everything and everyone really means saying NO to the things that matter -- to your goals, your dreams, and your true self. The key to achieving your wildest dreams isn't to downsize them. It's to embrace them more fully, and discard everything that isn't serving them. This book will teach you how to: Zone in on what really matters to you, so you can ditch everything that isn't serving your dreams. Recognize and embrace your true worth as a provider, partner, and all-around kickass human. Say no to the millionth request from your kid's school for home-baked goods--without experiencing mom guilt. Establish boundaries that stick with coworkers, friends, and family. Ditch toxic relationships and the soul-sucking drama that accompanies them. Stop feeling like an imposter in your own life. Create habits that protect your time and energy. Kick fear (of not being lovable, pretty, or good enough) to the curb once and for all. Written in the same down-to-earth, accessible style that made her first book, *Get Over Your Damn Self*, a beloved bestseller, this book is for every woman who wants to live a fulfilled, authentic life without feeling stressed and exhausted. Romi is living proof that it's possible, and you will be too. Long before he was the cocreator of the *Chicken Soup for the Soul* series, Jack Canfield was a master motivator, teacher, and a self-esteem trainer. In his latest book, *Jack Canfield's Key to Living the Law of Attraction*, the man known internationally as America's Success Coach helps readers apply the principles of the famed Law of Attraction to their lives. Canfield covers all areas of life -- from career and creative pursuits to health, financial prosperity and winning relationships -- and guides readers to understand how the Law of Attraction works in their lives through reprogram--minded, interactive prescription. In addition Canfield discusses: · How not to let life 'happen' to you, but to be a pro-active agent in your destiny · Orchestrating positive changes to make yourself a magnet to the Law of Attraction · Connecting your bundle of intelligent energy for optimum,

life-changing results. and much more

Do you know the #1 reason that stops people from getting what they want? Ten years later, it's still a lack of focus. In the *The Power of Focus*, 10th Anniversary Edition, you'll discover: How to thrive in a turbulent economy. Proven financial strategies for today's world that will give you freedom and peace of mind. How to focus on what you do best and let go of the rest. Easy-to-implement Action Steps with every chapter. Plus, the latest insights from the authors to help you prosper in all areas of your life.

The twentieth anniversary edition of the original *Chicken Soup for the Soul* is brimming with even more hope and inspiration—the stories you've always loved, plus bonus stories, plus 20 bonus stories from today's thought leaders. Twenty years later, *Chicken Soup for the Soul* continues to open the heart and rekindle the spirit. Celebrate the twentieth anniversary with the classic book that inspired millions—reinvigorated with bonus stories of inspiration! You will find hope and inspiration in these 101 heartwarming stories about counting your blessings, thinking positive, and overcoming challenges.

A laugh-out-loud, pick-me-up collection of stories for the millions of women who are battling hot flashes, mood swings and mental lapses.

*Life Lessons for Mastering the Law of Attraction* teaches you what you need to know about living the Law of Attraction and how to create your own personal success through its concepts.

Within minutes of reading this book you will want - and be able to - apply its clear, direct and highly effective principles to your own life. Jack Canfield built an \$80 million business from nothing. Now he shares his key techniques and unique insights so that you too can achieve success in everything you do.

Learn how to get everything you want with this motivational book from the #1 New York Times bestselling authors of the *Chicken Soup for the Soul* series. Anything is possible...if you dare to ask! Personal happiness. Creative fulfillment. Professional success. Freedom from fear—and a new promise of joy that's yours for the asking. We have the ability at our fingertips to achieve these things. It's the *Aladdin Factor*: the magical wellspring of confidence, desire—and the willingness to ask—that allows us to make wishes come true. Now bestselling motivational authors Jack Canfield and Mark Victor Hansen introduce us to the *Aladdin Factor*—and help us put it into effect in our own lives. The *Aladdin Factor* helps us by pinpointing the major

stumbling blocks to asking—and teaching simple techniques to overcome them. With inspirational stories about people who have succeeded by asking for what they want, this book shows us how to turn our lives around—no matter what kind of obstacles we face. And with this knowledge, we can reap the riches of a truly well-lived life—a treasure that comes not from an enchanted lamp, but from the heart.

From Barbies to your first bra, from holding your teddy bear to slowdancing with your first boyfriend, from knowing everyone in elementary school to trying to make new friends in middle school. . . . When dealing with these changes, it's no wonder preteen girls can freak out from time to time.

Here is the key to the amazing untapped powers in your own mind. . . a secret that can transform your career and life. You don't have to be a magician or a "super-brain" to command these mental resources. If you only learn to employ your own natural magnetism, using the techniques of this book, you can gain amazing influence over others, and "will" your way to business and social success. The author, who was one of the world's greatest mentalists and magicians and was famous during his lifetime for his amazing mental feats on television and radio. Here, he reveals how ordinary people can develop certain mental powers deliberately through a simple, logical program. First he explains how you can cultivate belief in the "magic" of your mind, and use that faith to strength yourself. You see how to give yourself "success treatments" to build your confidence and direct your energies toward dreams and goals. The book tells how the personal electricity within you gives you magnetic powers. You learn how to use this to send out dynamic thought-wishes - silent messages that influence people to like you, trust you, and help you. You'll find ways to improve your reasoning and problem-solving ability through your new-found mental forces. The author explains how the "hunches" arising from the subconscious can give you faster, better decisions. Unfolding all the wonders of the human mind, this book offers a method of harnessing this magic to bring you a richer and more successful life.

Everyone wants to be successful—and today's youth are no exception. After the massive success of Jack Canfield's *The Success Principles*, thousands of requests came rushing in to develop the most important success strategies for today's teenagers. Their calls have been answered. Even though many teens are urged to get good grades, many feel lost when it comes to setting powerful goals and creating the

life they really want. Jack Canfield, cocreator of the famed Chicken Soup for the Soul series has teamed up with successful author and young entrepreneur Kent Healy to design a fun and engaging teen-friendly book that offers the timeless information and inspiration to get from where you are to where you really want to be. The Success Principles for Teens is a roadmap for every young person. It doesn't matter if your goal is to become a better student or athlete, start a business, make millions of dollars, or simply find guidance and direction, the principles in this book always work, if you work the principles. This is not merely a collection of "good ideas." This book includes twenty-three of the most important success strategies used by thousands of exceptional young people throughout history. With the right tools, anyone can be successful. This book will give teens the courage and the heart to get started and get ahead.

Your dreams become your destiny when you learn the secret art of asking! Most people have beautiful dreams deep inside—the things they would like to have, the relationships they'd love to enjoy, and the wellness and well-being that would help them express their best, in every way. But often those dreams lie buried inside us. Hidden by fear or unworthiness or a lack of awareness of what could be. Asking is the only language to which the Universe can deliver a solution, understanding, illumination, or plan. There are three distinct channels through which we can ask: Ask Yourself Ask Others Ask God You were born with a destiny. Your job is to discover it. Once you begin to practice the art and science of asking to discover your destiny and start to move toward it, you can manifest innumerable blessings for yourself and others. This isn't a complicated process; in fact, it's a simple gift that lies dor-

mant within you. Once you learn to access that gift, everything changes for the better. Ask! will help you access your hidden dreams and reveal them to be recognized and fulfilled in miraculous ways. You matter. The world needs you to find your destiny and live it. This book is your guide. Start crossing the bridge to your destiny today!

After the resounding success of Chicken Soup for the Soul Cartoons for Moms, the authors decided to take a humorous look at fatherhood, again from the perspective of internationally syndicated and award-winning cartoonist, John McPherson. So much of the joys-and frustrations-of fatherhood cannot be adequately expressed in words, and that's where this book fills the bill. A departure from the rest of the Chicken Soup for the Soul series, this collection is 100 percent cartoons and guaranteed to make every dad grin, chuckle and laugh out loud. This mirth-filled gem will depict the years from expecting the first to the empty nest in a tribute to fatherhood that is filled with as much laughter as love. All fathers are sure to enjoy the 200-plus cartoons—each a John McPherson original—and will doubtless turn to this book again and again for a welcome smile or laugh.

Celebrating every little girl's childhood hero and the special dad and daughter bond!

There's nothing better than a book you can't put down—or better yet, a book you'll never forget. This book puts the power of transformational reading into your hands. Jack Canfield, cocreator of the bestselling Chicken Soup for the Soul® series, and self-actualization pioneer Gay Hendricks have invited notable people to share personal stories of books that changed their lives. What book shaped their outlook and habits? Helped them navigate rough seas? Spurred them to sat-

isfaction and success? The contributors include Dave Barry, Stephen Covey, Malachy McCourt, Jacquelyn Mitchard, Mark Victor Hansen, John Gray, Christiane Northrup, Bernie Siegel, Craig Newmark, Michael E. Gerber, Lou Holtz, and Pat Williams, to name just a few. Their richly varied stories are poignant, energizing, and entertaining. Author and actor Malachy McCourt tells how a tattered biography of Gandhi, stumbled on in his youth, offered a shining example of true humility—and planted the seeds that would help support his sobriety decades later. Bestselling author and physician Bernie Siegel, M.D., tells how William Saroyan's *The Human Comedy* helped him realize that, in order to successfully treat his patients with life-threatening illnesses, "I had to help them live—not just prevent them from dying." Actress Catherine Oxenberg reveals how, at a life crossroads and struggling with bulimia, a book taught her the transforming difference one person could make in the life of another—and why that person for her was Richard Burton. Rafe Esquith, the award-winning teacher whose inner-city students have performed Shakespeare all over the world, recounts his deep self-doubt in the midst of his success—and how reading *To Kill a Mockingbird* strengthened him to continue teaching. Beloved librarian and bestselling author Nancy Pearl writes how, at age ten, Robert Heinlein's science fiction book *Space Cadet* impressed on her the meaning of personal integrity and gave her a vision of world peace she'd never imagined possible. Two years later, she marched in her first civil rights demonstration and learned that there's always a way to make "a small contribution to intergalactic harmony." If you're looking for insight and illumination—or simply for that next great book to read—*You've Got to Read This Book!* has treasures in store for you.