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The second edition of Fundamentals of Anaesthesia builds upon the success of the first edition, and encapsulates the modern practice of anaesthesia in a single volume. Written and edited by a team of expert contributors, it provides a comprehensive but easily readable account of all of the information required by the FRCA Primary examination candidate and has been expanded to include more detail on all topics and to include new topics now covered in the examination. As with the previous edition, presentation of information is clear and concise, with the use of lists, tables, summary boxes and line illustrations where necessary to highlight important information and aid the understanding of complex topics. Great care has been taken to ensure an unrivalled consistency of style and presentation throughout.

A comprehensive revision guide, Get Through Final FRCA: Single Best Answers provides candidates with a definitive resource to aid passing their challenging Final FRCA written examination. This latest edition contains 180 new SBA questions along with detailed answer justifications. The questions have been completely updated to follow the current form

Dr Podcast (www.dr-podcast.com) is a great way to revise for the FRCA exams and has been met with widespread enthusiasm from candidates. It provides podcasts of questions and model answers with no redundant material. Dr Podcast scripts are now available in print format. Containing the scripts of all 103 individual podcasts from the Dr Podcast Final FRCA collection, they also include diagrams the reader can draw to explain their answers. They cover the entire syllabus for the Final FRCA, allowing the readers to experience the style of the questions likely to be asked and providing tips on how to excel in the exam. Each podcast is written by a successful candidate who has insight and experience of the exam, and all material has been reviewed by experienced consultants with detailed knowledge of the educational standards. For those preparing for the Final FRCA exams, Dr Podcast scripts are a must.

A final FRCA exam preparation book containing 9 complete 12-question SAQ papers with full model answers, plus practical exam preparation advice.

A Dictionary of Anaesthesia features over 150 entries that clearly define and describe essential terms relating to the science and practice of anaesthesia. These entries include the specific drugs that anaesthetists apply, the techniques they utilize to induce anaesthesia, the equipment and monitoring they use during surgery, and problems or emergencies that can arise during the process. In addition, a comprehensive weblinks section is provided with hyperlinks to important professional and educational material in the world of anaesthesia. New to the second edition is the inclusion of a number of schematic diagrams that accompany and enhance selected entries within the dictionary. New entries include National Audit Project, Cell Salvage, and Non-invasive cardiac monitoring. Fully updated to include significant advances in the field of anaesthesia, the second edition of this dictionary provides an authoritative and specialist source of reference and teaching for students and practitioners.

Clinical SAQs for the Final FRCEM offers a tailored solution to any person wishing to succeed in the clinical SAQ exam. Featuring over 200 Short Answer Questions mapped to the Royal College of Emergency Medicine curriculum, this comprehensive guide ensures high quality preparation. Designed specifically to reflect the examination format, each question presents clinical cases with diagnostic test results and, where relevant, imaging. Detailed model answers act as both a high yield revision guide and as a template for answering similar questions on exam day. 50 questions are illustration based including radiology, ultrasound, and ECGs allowing candidates to practice typical questions in this clinical exam. Further reading directs candidates to guidelines and articles for additional preparation. Written by a team including successful candidates and a senior consultant, Clinical SAQs for the Final FRCEM holds the key to passing the exam.

Comprehensive coverage of key topics for the FFICM OSCE examination, based on actual exam questions and modelled to the curriculum.

The Final FRCA Structured Oral Examination is the last step before earning the initials FRCA and becoming a Fellow of the Royal College of Anaesthetists. This comprehensive revision aid has been compiled by two talented authors who have been running a course on this subject for three years. Motivated to make the cases as close as possible to the exam, they have collected a vast database of questions from their trainees and the book reflects a variety of commonly asked themes. In addition, there are contributions from 11 consultants and registrars, who are all experts in their fields. The clear layout and easy to read style prepares students for the examination environment and focuses on the specific areas and responses examiners look for. The style of questions mimics the exam and there are added tutorials for ECG interpretation and radiology which will benefit trainees immensely in their preparation.

Reflecting the revised Primary FRCA exam, this book is structured according to the three specific areas covered in the curriculum: physics and clinical measurement, physiology, and pharmacology. Each section includes a brief introduction, a selection of MCQs, and answers including a brief explanation.

This practical, comprehensive anatomy book arms FRCA candidates with detailed, robust anatomical knowledge via a question-based approach.

An essential read for all trainees in critical care.

Dr Podcast (www.dr-podcast.com) is a great way to revise for the FRCA exams and has been met with widespread enthusiasm from candidates. It provides podcasts of questions and model answers with no redundant material. Dr Podcast scripts are now available in print format. Containing the scripts of all 90 individual podcasts from the Dr Podcast Primary FRCA collection, they also include diagrams the reader can draw to explain their answers. They cover the entire syllabus for the Primary FRCA, allowing the readers to experience the style of the questions likely to be asked and providing tips on how to excel in the exam. Each podcast is written by a successful candidate who has insight and experience of the exam, and all material has been reviewed by experienced consultants with detailed knowledge of the educational standards. For those preparing for the Primary FRCA exams, Dr Podcast scripts are a must.

An invaluable reference for those working in obstetric anaesthesia, as well as an essential resource for those preparing for postgraduate exams in anaesthesia, the Oxford Specialist Handbook of Anaesthesia, second edition provides incisive coverage of all aspects of the sub-specialty and concise instructions for both antenatal and postnatal care.

Multiple-choice questions form part of FRCA examinations. Sample examinations are presented, offering questions with model answers. A comprehensive self-learning tool.

A major part of the FRCA examination are multiple choice questions. QBase Anaesthesia 4 is much more than just a book giving five sets examination papers, in groups of sixty questions, mirroring the format of the new Primary Examination. It also comes with a free CD-ROM (see QBase Anaesthesia 1, 2 or 3 for details).

This book contains 180 single best answer and multiple true/false questions to aid revision for the Primary FRCA exam.

Covering the full breadth of the syllabus with particular focus on clinical scenarios, Final FRCA: 300 SBAs provides the definitive SBA revision guide to maximise chances of exam success.

Prepare with confidence for the Final FRCA with this dedicated guide featuring 300 original single best answer questions (SBAs) covering the whole breadth of the RCOA basic and intermediate curricula. SBAs correspond to the Royal College of Anaesthetist's units of training, so candidates can focus their revision in each sub-specialty area, such as paediatrics, neuroanaesthesia, and pain ma-

agement. Individuals can track their progress, identify gaps in their knowledge, and target their ongoing revision as needed, assured that chapters cover all aspects of the curriculum as required for the exam. A final mock chapter allows candidates to rehearse for real exam conditions. Written by a team of consultant anaesthetists and active educators, these original and high-quality questions have been developed over years of clinical experience and critical incidents as well as the authors' own revision courses. Each question is accompanied by detailed answers, explanations, and further reading. This invaluable resource also includes advice on SBA technique making this the only guide you need for SBAs in the Final FRCA Written Paper.

Written by a well-known and highly respected author and practitioner within the field, Shiatsu Theory and Practice is a complete introduction to the theory and practice of Zen shiatsu, drawing in detail on the theoretical foundation of both Traditional Chinese Medicine and Five Phase theory as well as that of Zen. Beresford-Cooke explains the strands of theory in a way which makes their integration into practice clear and rational. She includes step-by-step descriptions of treatment routines and techniques, alongside case histories illustrating the application of theory to practice. The book features detailed descriptions and illustrations of meridians, point locations and functions, and these are shown together with salient underlying anatomy. The text is supported by full colour photographs as well as online video clips showing techniques, routines in the four positions and how to treat individual points and meridians. There are also supplementary online resources such as exercises and activities, web links, appendices for each chapter, and instructor lesson plans, homework and testbank of questions. This fully revised third edition is essential reading for students and practitioners of shiatsu and massage therapy.

Written for the Final FRCA, this practice question book includes four mock exams combining the new SBA format with True/False questions. A fifth mock exam allows for extra practice on the new SBA format questions.

Concise anatomical text and descriptions of procedures are supported by high-quality, anatomical illustrations linked to clinical images.

Invaluable CRQ practice papers for the new Final FRCA format. An essential revision text for all candidates.

An essential exam preparation workbook, CRQs for the Final FRCA is dedicated to helping candidates pass this new assessment type for the Final FRCA Written Paper first time. Focusing solely on the Constructed Response Question (CRQ), the book is organised into six practice papers each comprised of 12 CRQs, reflecting the real exam. Each question has been carefully laid out, clearly identifying the weighting of each part of the question and with appropriate space to write your answer. Covering a breadth of topics, the book represents the full spectrum of the Final FRCA curriculum. Appendices indicate which aspects of the curriculum and units of training have been addressed in each practice paper to help you structure your revision efficiently. Written by a team of consultant anaesthetists and active educators, detailed model answers are based on years of clinical experience, best practice guidelines, and supported by further reading and evidence base. Many acceptable answers are listed (more than the candidate is required to give), enriching your revision experience and ensuring that you can mark your answers accurately. This invaluable resource also includes advice on CRQ technique, making this the only guide candidates need to pass CRQs in the Final FRCA Written Paper.

This is the first book dedicated to providing exam practice in the new required single best answer question style for the FRCA. It contains 300 single best answer multiple choice questions and advice on how to approach revision and sitting the exam. There are also four 75-question exam papers, each with an answer section containing detailed explanations of the reasoning behind the answer and providing background information about each topic. SBAs for the Final FRCA may be used for examination practice and as a source of knowledge on many of the key topics in the syllabus.

From the writing team behind SAQs for the Final FRCA, this book uses a similar style of challenging questions and well researched explanations to help the candidate through the new FRCA written paper. This is an invaluable tool for your exam preparation.

Basic Anesthesiology Examination Review is a high-yield, streamlined study aid specifically designed for Anesthesiology residents preparing for the American Board of Anesthesiology (ABA) Basic Anesthesiology Exam. Chapters deliver succinct and efficiently communicated summaries of all content listed in the ABA exam outline, plus highlighted key facts, mnemonics, and relevant images and diagrams. Chapters conclude with board-style practice questions and annotated answers, followed by key references and further reading. With this book as a guide, readers will be able to efficiently prepare for the Basic Anesthesiology Examination and master the key facts and concepts that provide the scientific foundation for the practice of Anesthesiology.

Short, concise summary of clinical and non-clinical aspects of obstetric analgesia and anaesthesia for trainees and seniors.

Structured Oral Examination Practice for the Final FRCA offers well-researched, relevant, and carefully constructed questions with evidence-based answers. The book specifically addresses the new clinical emphasis in the FRCA examination, giving candidates an insight into the way the viva works, offering general guidance on examination techniques, and providing readily accessible information relating to a wide range of potential questions. The book is organized into 16 chapters, each offering trainees and trainers complete examinations as in the real structured oral examination, covering around 70 relevant topics. Each chapter includes clinical anaesthesia and basic science broadly organized into the six areas covered by the exam: long-cases, short-cases, applied anatomy, physiology, pharmacology and clinical measurement. The book also includes a hot topics chapter addressing recent advances beloved of examiners.

Completely re-written, the definitive companion and revision aid for the short answer paper, part of the Final FRCA examination.

This unique pack brings together expert revision and practical advice on anaesthesia for a value-for-money price. SAQs for the Final FRCA offers a comprehensive solution to any person wishing to sit, and ultimately pass, the SAQ paper for the Final FRCA exam. It is designed specifically to fit the examination format, with each double page spread containing a sample question and detailed model

answer, acting both as a revision guide and as a template for answering similar questions in the exam. It includes the most recent guidelines and evidence base, whilst also covering in detail areas not included in other revision books. Written by two recent and successful exam candidates, and a highly respected senior anaesthetist, this book holds the key to passing the final FRCA examination. Challenging Concepts in Anaesthesia selects specific challenging cases that are encountered in everyday clinical practice but do not have simple answers. A case-based guide to challenging areas in anaesthesia and pain management, this book covers the major sub-specialty areas in both fields. Complex cases are comprehensively examined with detailed consideration given to management options and the contemporary evidence base behind these decisions. An effective revision aid, Challenging Concepts in Anaesthesia highlights critical information through the use of boxed features: 'Learning points', 'Clinical tips', 'Evidence-base'. Each chapter has been reviewed by a national or international expert in the field and they have provided an 'Expert commentary', giving a unique insight into how today's opinion leaders confront and deal with the very same management conundrums that all clinicians can potentially face day in, day out.

Following on from the success of the first edition, Short Answer Questions and MCQs in Anaesthesia and Intensive Care has been completely rewritten to reflect the changes to the final FRCA exam from a long essay based examination to compulsory short answer questions (SAQs). This guide aims to introduce methods and systems of answering questions such

With more than 950 questions, and containing diagrams found in the actual exam, this book encompasses the syllabus of the Final FRCA as set by the Royal College of Anaesthetists, including five complete examinations, each comprising of 90 MCQs. Questions have been modelled on actual exam questions so that they accurately reflect the style and level of difficulty. In addition to providing concise answers there are also links and references, tips for learning and advice on how to approach the examination.

A concise, exam-orientated revision text that helps candidates prepare for the notoriously difficult SAQ paper for the Fellowship of the Royal College of Anaesthetists (FRCA) Final examination.

Preparing to Pass the FRCA: Strategies for Exam Success equips you with the skills of effective revision and time management to maximise your success. The book takes each element of the FRCA exam and provides tips and techniques on how to approach the different types of questions, and in-

cludes worked examples with answers, so that you can undertake your revision accordingly. It will help you to target your revision so you can cover the breadth of topics in the FRCA syllabus and ensure that you structure your revision in an efficient way, as well as helping you to approach the exam and convey your knowledge through writing or speech correctly. Taking many common problems candidates face when preparing for this exam, the book covers motivation, effective studying, managing nerves, and scheduling time to study amongst other commitments.

This guide to the short answer question section of the final FRCA not only comprehensively covers the subject matter of the exam with past paper examples, it also guides trainees on the most effective manner in which to approach the questions. Chapters reflect the different topics contained within the examination, including pain medicine, ICM, paediatric anaesthesia and more. Every question from the past 6 1/2 years of examinations is addressed and the ideal style in which to answer an SAQ covered in depth. This guide will be gold dust to the candidate preparing for the final FRCA, providing all the answers as well as the best way to present them. It will save hours of research and preparation.

The Royal College of Anaesthetists has introduced Constructed Response Questions (CRQs) as an innovative way of testing trainees, in the fields of anaesthesia and intensive care medicine, in their final FRCA examinations from September 2019. CRQs are a more structured way of assessing knowledge and understanding; they also assess the application of knowledge, evaluation and judgement. This book categorises questions based on the Royal College model, with six mandatory sections of training and two separate sections on general duties and optional units. It is an ideal companion for candidates who are preparing for their final exams in anaesthesia and will help to assess their preparation and guide appropriate revision. The topics are pertinent for other anaesthetic exams worldwide, including the European exams, Australian and New Zealand fellowships and the Indian DNB exams. The authors have extensive experience in anaesthetic teaching and lead anaesthetic intermediate teaching in the UK, running regular and successfully attended courses. This book will help candidates to adapt to the recent exam changes and revise in an efficient manner. It will not only be an invaluable educational resource for trainee anaesthetists but also for practising anaesthetists. Medical students and junior doctors, who are about to embark on a career in anaesthesia or intensive care medicine, will also find the book to be a useful educational tool.