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### Shirzad Chamine: "Positive Intelligence" | Talks at Google Positive Intelligence - Harvard Business Review

Shirzad lectures on Positive Intelligence at Stanford University, where he guides graduate students through his popular six-week PQ training. A preeminent C-suite advisor, Shirzad has coached hundreds of CEOs and their executive teams.

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Your Positive Intelligence Quotient, or "PQ", is a measure of what percentage of time your mind is on your side. Positive Intelligence might be one of the biggest factors for reaching your potential. When your mind is on your side, you flourish. When your mind works against you, you flounder.

### Positive Intelligence Positive Intelligence Why

Positive Intelligence is based on Shirzad Chamine's New York Times bestselling book, Stanford lectures, and breakthrough research work with hundreds of CEOs and their executive teams. With greater mastery over your own mind, you can tackle your greatest challenges with calm, clarity, creativity, and laser focused action.

### Home | Positive Intelligence

Positive Intelligence is a must-have for anyone who leads or coaches a team." —Jed York, President and CEO, San Francisco 49ers "The PQ model provides a solid basis for bringing meaning and significant change to one's life. If you want to create major positive change in yourself, your team, or loved ones, read this book."

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Why PQ Matters More than IQ and EQ In Blog , Positive Intelligence by Shirzad Chamine August 1,

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### Why PQ Matters More than IQ and EQ | Positive Intelligence

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### Amazon.com: Positive Intelligence: Why Only 20% of Teams ...

Shirzad Chamine's "Positive Intelligence: Why Only 20% of Teams and Individuals Achieve Their True Potential and How You Can Achieve Yours" is an amazing resource. It's an examination of what Chamine calls PQ or positive intelligence quotient.

### Positive Intelligence: Why Only 20% of Teams and ...

Measure the Positive Intelligence® Score (PQ) for yourself or your team and increase it dramatically; Identify which of the ten "Saboteurs" are your hidden internal enemies: Judge, Controller, Victim, Stickler, Avoider, Pleaser, Restless, Hyper- Achiever, Hyper-Vigilant, or Hyper-Rational.

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Instead of snowballing the negative, you recover fast to start a positive snowballing. Mental Fitness is the X-factor for both optimal performance and happiness. Based on research with 500,000 participants, Mental Fitness can now be measured through a simple 2-minutes assessment.

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### **Positive Intelligence and PQ - Sources of Insight**

For example, John McCarthy (who coined the term "artificial intelligence"), Marvin Minsky, Nathaniel Rochester and Claude Shannon wrote this overly optimistic forecast about what could be accomplished during two months with stone-age computers: "We propose that a 2 month, 10 man study of artificial intelligence be carried out during the summer of 1956 at Dartmouth College [...]"

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