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6BF - CARLEE GUNNER

Narrative of the Life of Frederick Douglass is an 1845 memoir and treatise on abolition written by famous orator and former slave Frederick Douglass during his time in Lynn, Massachusetts. It is generally held to be the most famous of a number of narratives written by former slaves during the same period. In factual detail, the text describes the events of his life and is considered to be one of the most influential pieces of literature to fuel the abolitionist movement of the early 19th century in the United States. Narrative of the Life of Frederick Douglass encompasses eleven chapters that recount Douglass's life as a slave and his ambition to become a free man.

This epic Civil War novel depicts both the minor and major characters of the war, including a politically devious, grimly humorous, and cruel when necessary President Lincoln

The invention of modern freedom—the equating of liberty with restraints on

state power—was not the natural outcome of such secular Western trends as the growth of religious tolerance or the creation of market societies. Rather, it was propelled by an antidemocratic backlash following the Atlantic Revolutions. We tend to think of freedom as something that is best protected by carefully circumscribing the boundaries of legitimate state activity. But who came up with this understanding of freedom, and for what purposes? In a masterful and surprising reappraisal of more than two thousand years of thinking about freedom in the West, Annelien de Dijn argues that we owe our view of freedom not to the liberty lovers of the Age of Revolution but to the enemies of democracy. The conception of freedom most prevalent today—that it depends on the limitation of state power—is a deliberate and dramatic rupture with long-established ways of thinking about liberty. For centuries people in the West identified freedom not with being left alone by the state but with the ability to exercise con-

trol over the way in which they were governed. They had what might best be described as a democratic conception of liberty. Understanding the long history of freedom underscores how recently it has come to be identified with limited government. It also reveals something crucial about the genealogy of current ways of thinking about freedom. The notion that freedom is best preserved by shrinking the sphere of government was not invented by the revolutionaries of the seventeenth and eighteenth centuries who created our modern democracies—it was invented by their critics and opponents. Rather than following in the path of the American founders, today's "big government" antagonists more closely resemble the counterrevolutionaries who tried to undo their work.

NEW YORK TIMES BESTSELLER From the former secretary of state and bestselling author -- a sweeping look at the global struggle for democracy and why America must continue to support the cause of human freedom. "This heartfelt and at times very moving book shows why democracy proponents are so committed to their work...Both supporters and skeptics of democracy promotion will come away from this book wiser and better informed." --The New York Times From the end of the Cold War and the collapse of the Soviet Union to the ongoing struggle for human rights in the Middle East, Condoleezza Rice has served on the front lines of history. As a child, she was an eyewitness to a third awakening of freedom, when her hometown of Birmingham, Alabama, became the epicenter of the civil rights movement for black Americans. In this book, Rice explains what these epochal events teach us about democracy. At a time when people around the world are wondering whether democracy is in decline, Rice shares in-

sights from her experiences as a policymaker, scholar, and citizen, in order to put democracy's challenges into perspective. When the United States was founded, it was the only attempt at self-government in the world. Today more than half of all countries qualify as democracies, and in the long run that number will continue to grow. Yet nothing worthwhile ever comes easily. Using America's long struggle as a template, Rice draws lessons for democracy around the world -- from Russia, Poland, and Ukraine, to Kenya, Colombia, and the Middle East. She finds that no transitions to democracy are the same because every country starts in a different place. Pathways diverge and sometimes circle backward. Time frames for success vary dramatically, and countries often suffer false starts before getting it right. But, Rice argues, that does not mean they should not try. While the ideal conditions for democracy are well known in academia, they never exist in the real world. The question is not how to create perfect circumstances but how to move forward under difficult ones. These same insights apply in overcoming the challenges faced by governments today. The pursuit of democracy is a continuing struggle shared by people around the world, whether they are opposing authoritarian regimes, establishing new democratic institutions, or reforming mature democracies to better live up to their ideals. The work of securing it is never finished.

B.K.S. Iyengar--hailed as "the Michelangelo of yoga" (BBC) and considered by many to be one of the most important yoga masters--has spent much of his life introducing the modern world to the ancient practice of yoga. Yoga's popularity is soaring, but its widespread acceptance as an exercise for physical fitness

and the recognition of its health benefits have not been matched by an understanding of the emotional, intellectual, and spiritual development that the yogic tradition can also offer. In *Light on Life*, B.K.S. Iyengar brings readers this new and more complete understanding of the yogic journey. Here Iyengar explores the yogic goal to integrate the different parts of the self (body, emotions, mind, and soul), the role that the yoga postures and breathing techniques play in our search for wholeness, the external and internal obstacles that keep us from progressing along the path, and how yoga can transform our lives and help us to live in harmony with the world around us. For the first time, Iyengar uses stories from his own life, humor, and examples from modern culture to illustrate the profound gifts that yoga offers. Written with the depth of this sage's great wisdom, *Light on Life* is the culmination of a master's spiritual genius, a treasured companion to his seminal *Light on Yoga*. Filled with fresh interpretations and information, puncturing old myths and challenging new ones, *Battle Cry of Freedom* will unquestionably become the standard one-volume history of the Civil War. James McPherson's fast-paced narrative fully integrates the political, social, and military events that crowded the two decades from the outbreak of one war in Mexico to the ending of another at Appomattox. Packed with drama and analytical insight, the book vividly recounts the momentous episodes that preceded the Civil War--the Dred Scott decision, the Lincoln-Douglas debates, John Brown's raid on Harper's Ferry--and then moves into a masterful chronicle of the war itself--the battles, the strategic maneuvering on both sides, the politics, and the personalities. Particularly notable are McPherson's new views on such matters

as the slavery expansion issue in the 1850s, the origins of the Republican Party, the causes of secession, internal dissent and anti-war opposition in the North and the South, and the reasons for the Union's victory. The book's title refers to the sentiments that informed both the Northern and Southern views of the conflict: the South seceded in the name of that freedom of self-determination and self-government for which their fathers had fought in 1776, while the North stood fast in defense of the Union founded by those fathers as the bulwark of American liberty. Eventually, the North had to grapple with the underlying cause of the war--slavery--and adopt a policy of emancipation as a second war aim. This "new birth of freedom," as Lincoln called it, constitutes the proudest legacy of America's bloodiest conflict. This authoritative volume makes sense of that vast and confusing "second American Revolution" we call the Civil War, a war that transformed a nation and expanded our heritage of liberty.

INTERNATIONAL BESTSELLER A powerful and persuasive discussion about economics, freedom, and the relationship between the two, from today's brightest economist. In this classic discussion, Milton and Rose Friedman explain how our freedom has been eroded and our affluence undermined through the explosion of laws, regulations, agencies, and spending in Washington. This important analysis reveals what has gone wrong in America in the past and what is necessary for our economic health to flourish. From #1 New York Times bestselling author Neil Gaiman, an ingenious and captivating reimagining of Rudyard Kipling's adventure *The Jungle Book* that is a glorious meditation on love, loss, survival, sacrifice, and what it means to truly be alive—one of ten classic Gaiman works

repackaged with elegant original watercolor art by acclaimed artist Henry Sene Yee Nobody Owens, known to his friends as Bod, is a normal boy. He would have been completely normal if he didn't live in a sprawling graveyard, being raised and educated by ghosts, with a solitary guardian who belongs to neither the world of the living nor of the dead. There are dangers and adventures in the graveyard for a boy--an ancient Indigo Man beneath the hill, a gateway to a desert leading to an abandoned city of ghouls, the strange and terrible menace of the Smeer. But if Bod leaves the graveyard, then he will come under attack from the man Jack--who has already killed Bod's family. . . . By turns macabre, uplifting, sinister, and heartwarming, Neil Gaiman's #1 national bestseller is an ingenious reimagining of Rudyard Kipling's classic adventure *The Jungle Book*. Called a "novel of wonder . . . a tale of unforgettable enchantment" by the *New York Times Book Review*, *The Graveyard Book* has captivated readers of all ages with its timeless meditation on love, loss, survival, and sacrifice . . . and what it means to truly be alive.

Providing a complete manual for the study and practice of Raja Yoga--the path of concentration and meditation--a new deluxe printing of a collection of timeless teachings is a treasure to be read and referred to again and again by seekers treading the spiritual path. Reprint.

Give Me Liberty! is the #1 book in the U.S. history survey course because it works in the classroom. A single-author text by a leader in the field, *Give Me Liberty!* delivers an authoritative, accessible, concise, and integrated American history. Updated with powerful new scholarship on borderlands and the West, the

Fifth Edition brings new interactive History Skills Tutorials and Norton InQuizitive for History, the award-winning adaptive quizzing tool.

The book that inspired the major new motion picture *Mandela: Long Walk to Freedom*. Nelson Mandela is one of the great moral and political leaders of our time: an international hero whose lifelong dedication to the fight against racial oppression in South Africa won him the Nobel Peace Prize and the presidency of his country. Since his triumphant release in 1990 from more than a quarter-century of imprisonment, Mandela has been at the center of the most compelling and inspiring political drama in the world. As president of the African National Congress and head of South Africa's anti-apartheid movement, he was instrumental in moving the nation toward multiracial government and majority rule. He is revered everywhere as a vital force in the fight for human rights and racial equality. *LONG WALK TO FREEDOM* is his moving and exhilarating autobiography, destined to take its place among the finest memoirs of history's greatest figures. Here for the first time, Nelson Rolihlahla Mandela tells the extraordinary story of his life--an epic of struggle, setback, renewed hope, and ultimate triumph.

An instant classic and eerily prescient cultural phenomenon, from "the patron saint of feminist dystopian fiction" (*New York Times*). Now an award-winning Hulu series starring Elizabeth Moss. In this multi-award-winning, bestselling novel, Margaret Atwood has created a stunning Orwellian vision of the near future. This is the story of Offred, one of the unfortunate "Handmaids" under the new social order who have only one purpose: to breed. In Gilead, where women are prohibited from holding jobs, reading, and

forming friendships, Offred's persistent memories of life in the "time before" and her will to survive are acts of rebellion. Provocative, startling, prophetic, and with Margaret Atwood's devastating irony, wit, and acute perceptive powers in full force, *The Handmaid's Tale* is at once a mordant satire and a dire warning.

A stirring, dramatic story of a slave who mails himself to freedom by a Jane Adams Peace Award-winning author and a Coretta Scott King Award-winning artist. Henry Brown doesn't know how old he is. Nobody keeps records of slaves' birthdays. All the time he dreams about freedom, but that dream seems farther away than ever when he is torn from his family and put to work in a warehouse. Henry grows up and marries, but he is again devastated when his family is sold at the slave market. Then one day, as he lifts a crate at the warehouse, he knows exactly what he must do: He will mail himself to the North. After an arduous journey in the crate, Henry finally has a birthday -- his first day of freedom.

In a future world, only one man dares to think, strive, and love as an individual in the midst of a paralyzing collective humanity.

The Challenge to Academic Freedom in Hungary: A Case Study in Culture War, Authoritarianism and Resistance presents a case study as to how an authoritarian regime like the one in Hungary seeks to tame academic freedom. Andrew Ryder probes the reasons for ideological conflict within the academy through concepts like 'culture war' and authoritarian populism. He explores how the Orbán administration has introduced a series of reforms leading to limitations being placed on the Hungarian Academy of Sciences, Gender Studies no longer be-

ing recognized by the State, the relocation of the Central European University because of government pressure and new reforms that ostensibly appear to give universities autonomy but critics assert are in fact changes that will lead to cronyism and pro-government interference in academic freedom.

Originally written in 1938 but never published due to its controversial nature, an insightful guide reveals the seven principles of good that will allow anyone to triumph over the obstacles that must be faced in reaching personal goals.

Living in a "perfect" world without social ills, a boy approaches the time when he will receive a life assignment from the Elders, but his selection leads him to a mysterious man known as the Giver, who reveals the dark secrets behind the utopian facade.

If you want students to really understand the concept of power, moving beyond a survey book's quick discussion of Laswell's "who gets what and how," Muir's thoughtful *Freedom in America* might be the book for you. Exploring the words and ideas of such thinkers as Madison, Jefferson, Hamilton, and Tocqueville, Muir discusses the nature and limits of three types of power—coercive, reciprocal, and moral—and then uses this framework to explain how American political institutions work. If looking for an alternative to a long survey text—or itching to get students grappling with *The Federalist Papers* or *Democracy in America* with more of a payoff—Muir's meditation on power and personal freedom is a gateway for students to take their study of politics to the next level. His inductive style, engaging students with well-chosen and masterfully written stories, lets him draw out and distill key lessons without being preachy. Read a chapter and

decide if this page turner is for you.

The Yoga Sūtras of Patañjali are 196 Indian sutras. The Yoga Sutras were compiled around 400 CE by Sage Patanjali, taking materials about yoga from older traditions.

In *The Four Agreements*, a New York Times bestseller for over 7 years, Ruiz revealed how the process of our education, or “domestication,” can make us forget the wisdom we were born with. Throughout our lives, we make many agreements that go against ourselves and create needless suffering. The Four Agreements help us to break these self-limiting agreements and replace them with agreements that bring us personal freedom, happiness, and love. In *The Fifth Agreement*, don Miguel Ruiz joins his son don Jose Ruiz to offer a fresh perspective on *The Four Agreements*, and a powerful new agreement for transforming our lives into our personal heaven. The Fifth Agreement takes us to a deeper level of awareness of the power of the Self, and returns us to the authenticity we were born with. In this compelling sequel to the book that has changed the lives of millions of people around the world, we are reminded of the greatest gift we can give ourselves: the freedom to be who we really are.

The basic text for Alcoholics Anonymous. This four-color illustrated edition of *The Four Agreements* celebrates the 15th anniversary of a personal growth classic. With over 10 years on The New York Times bestseller list, and over 9 million copies in print, *The Four Agreements* continues to top the bestseller lists. In *The Four Agreements*, don Miguel Ruiz reveals the source of self-limiting beliefs that rob us of joy and create needless suffering. Based on ancient Toltec wisdom, *The Four Agreements* offer a power-

ful code of conduct that can rapidly transform our lives to a new experience of freedom, true happiness, and love. “This book by don Miguel Ruiz, simple yet so powerful, has made a tremendous difference in how I think and act in every encounter.” — Oprah Winfrey “Don Miguel Ruiz’s book is a roadmap to enlightenment and freedom.” — Deepak Chopra, Author, *The Seven Spiritual Laws of Success* “An inspiring book with many great lessons.” — Wayne Dyer, Author, *Real Magic* “In the tradition of Castaneda, Ruiz distills essential Toltec wisdom, expressing with clarity and impeccability what it means for men and women to live as peaceful warriors in the modern world.” — Dan Millman, Author, *Way of the Peaceful Warrior*

New York Times Bestseller: This retelling of the Greek myth of Theseus, king of Athens, is “one of the truly fine historical novels of modern times” (The New York Times). In myth, Theseus was the slayer of the child-devouring Minotaur in Crete. What the founder-hero might have been in real life is another question, brilliantly explored in *The King Must Die*. Drawing on modern scholarship and archaeological findings at Knossos, Mary Renault’s Theseus is an utterly lifelike figure—a king of immense charisma, whose boundless strivings flow from strength and weakness—but also one steered by implacable prophecy. The story follows Theseus’s adventures from Troizen to Eleusis, where the death in the book’s title is to take place, and from Athens to Crete, where he learns to jump bulls and is named king of the victims. Richly imbued with the spirit of its time, this is a page-turner as well as a daring act of imagination. Renault’s story of Theseus continues with the sequel *The Bull from the Sea*. This ebook features an illustrated biography of Mary Renault including

rare images of the author.

Dr. King's best-selling account of the civil rights movement in Birmingham during the spring and summer of 1963. On April 16, 1963, as the violent events of the Birmingham campaign unfolded in the city's streets, Dr. Martin Luther King, Jr., composed a letter from his prison cell in response to local religious leaders' criticism of the campaign. The resulting piece of extraordinary protest writing, "Letter from Birmingham Jail," was widely circulated and published in numerous periodicals. After the conclusion of the campaign and the March on Washington for Jobs and Freedom in 1963, King further developed the ideas introduced in the letter in *Why We Can't Wait*, which tells the story of African American activism in the spring and summer of 1963. During this time, Birmingham, Alabama, was perhaps the most racially segregated city in the United States, but the campaign launched by King, Fred Shuttlesworth, and others demonstrated to the world the power of nonviolent direct action. Often applauded as King's most incisive and eloquent book, *Why We Can't Wait* recounts the Birmingham campaign in vivid detail, while underscoring why 1963 was such a crucial year for the civil rights movement. Disappointed by the slow pace of school desegregation and civil rights legislation, King observed that by 1963—during which the country celebrated the one-hundredth anniversary of the Emancipation Proclamation—Asia and Africa were "moving with jetlike speed toward gaining political independence but we still creep at a horse-and-buggy pace." King examines the history of the civil rights struggle, noting tasks that future generations must accomplish to bring about full equality, and asserts that African Americans have already waited over three centuries for civil rights

and that it is time to be proactive: "For years now, I have heard the word 'Wait!' It rings in the ear of every Negro with piercing familiarity. This 'Wait' has almost always meant 'Never.' We must come to see, with one of our distinguished jurists, that 'justice too long delayed is justice denied.'"

Collecting several key documents and policy statements, this supplement to the ninth edition of the *Intellectual Freedom Manual* traces a history of ALA's commitment to fighting censorship. An introductory essay by Judith Krug and Candace Morgan, updated by OIF Director Barbara Jones, sketches out an overview of ALA policy on intellectual freedom. An important resource, this volume includes documents which discuss such foundational issues as The Library Bill of Rights, Protecting the freedom to read, ALA's Code of Ethics, How to respond to challenges and concerns about library resources, Minors and internet activity, Meeting rooms, bulletin boards, and exhibits, Copyright, Privacy, including the retention of library usage records.

An instant #1 New York Times Bestseller and a USA Today and Indie Bestseller! The Stormlight Archive saga continues in *Rhythm of War*, the eagerly awaited sequel to Brandon Sanderson's #1 New York Times bestselling *Oathbringer*, from an epic fantasy writer at the top of his game. After forming a coalition of human resistance against the enemy invasion, Dalinar Kholin and his Knights Radiant have spent a year fighting a protracted, brutal war. Neither side has gained an advantage, and the threat of a betrayal by Dalinar's crafty ally Taravangian looms over every strategic move. Now, as new technological discoveries by Navani Kholin's scholars begin to change the face of the war, the enemy prepares a

bold and dangerous operation. The arms race that follows will challenge the very core of the Radiant ideals, and potentially reveal the secrets of the ancient tower that was once the heart of their strength. At the same time that Kaladin Stormblessed must come to grips with his changing role within the Knights Radiant, his Windrunners face their own problem: As more and more deadly enemy Fused awaken to wage war, no more honorspren are willing to bond with humans to increase the number of Radiants. Adolin and Shallan must lead the coalition's envoy to the honorspren stronghold of Lasting Integrity and either convince the spren to join the cause against the evil god Odium, or personally face the storm of failure. Other Tor books by Brandon Sanderson The Cosmere The Stormlight Archive The Way of Kings Words of Radiance Edgedancer (Novella) Oathbringer Rhythm of War The Mistborn trilogy Mistborn: The Final Empire The Well of Ascension The Hero of Ages Mistborn: The Wax and Wayne series Alloy of Law Shadows of Self Bands of Mourning Collection Arcanum Unbounded Other Cosmere novels Elantris Warbreaker The Alcatraz vs. the Evil Librarians series Alcatraz vs. the Evil Librarians The Scrivener's Bones The Knights of Crystallia The Shattered Lens The Dark Talent The Rithmatist series The Rithmatist Other books by Brandon Sanderson The Reckoners Steelheart Firefight Calamity At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

A profound rumination on the concept of freedom from the New York Times–best-selling author of *Tribe* Throughout history, humans have been driven by the quest for two cherished ideals: community and freedom. The two don't coexist

easily; we value individuality and self-reliance yet are utterly dependent on community for our most basic needs. In this intricately crafted and thought-provoking book, Sebastian Junger examines the tension that lies at the heart of what it means to be human. For much of a year, Junger and three friends—a conflict photographer and two Afghan war vets—walk the railroad lines of the east coast of the United States. It is an experiment in personal autonomy, but also in interdependence. Dodging railroad cops, sleeping under bridges, cooking over fires and drinking from creeks and rivers, the four men forge a unique reliance on one another. In *Freedom*, Junger weaves his account of this journey with other topics: primatology and boxing strategy, the history of labour strikes and Apache renegades, the role of women in resistance movements, and the brutal reality of life on the Pennsylvania frontier. Written in exquisite, razor-sharp prose, the result is a powerful examination of the primary desire that defines us.

One of TIME magazine's All-TIME 100 Best Nonfiction Books One of Times Literary Supplement's 100 Most Influential Books Since the War One of National Review's 100 Best Nonfiction Books of the Century ?One of Intercollegiate Studies Institute's 50 Best Books of the 20th Century How can we benefit from the promise of government while avoiding the threat it poses to individual freedom? In this classic book, Milton Friedman provides the definitive statement of an immensely influential economic philosophy—one in which competitive capitalism serves as both a device for achieving economic freedom and a necessary condition for political freedom. ? First published in 1962, Friedman's *Capitalism and Freedom* is one of the most significant works of economic theory ever writ-

ten. Enduring in its eminence and esteem, it has sold nearly a million copies in English, has been translated into eighteen languages, and continues to inform economic thinking and policymaking around the world. This new edition includes prefaces written by Friedman for both the 1982 and 2002 reissues of the book, as well as a new foreword by Binyamin Appelbaum, lead economics writer for the New York Times editorial board.

"On the Other Side of Freedom reveals the mind and motivations of a young man who has risen to the fore of millennial activism through study, discipline, and conviction. His belief in a world that can be made better, one act at a time, powers his narratives and opens up a view on the costs, consequences, and rewards of leading a movement."--Henry Louis Gates, Jr. Named one of the best books of the year by NPR and Esquire Finalist for the Lambda Literary Award From the internationally recognized civil rights activist/organizer and host of the podcast Pod Save the People, a meditation on resistance, justice, and freedom, and an intimate portrait of a movement from the front lines. In August 2014, twenty-nine-year-old activist DeRay Mckesson stood with hundreds of others on the streets of Ferguson, Missouri, to push a message of justice and accountability. These protests, and others like them in cities across the country, resulted in the birth of the Black Lives Matter movement. Now, in his first book, Mckesson lays down the intellectual, pragmatic, and political framework for a new liberation movement. Continuing a conversation about activism, resistance, and justice that embraces our nation's complex history, he dissects how deliberate oppression persists, how racial injustice

strips our lives of promise, and how technology has added a new dimension to mass action and social change. He argues that our best efforts to combat injustice have been stunted by the belief that racism's wounds are history, and suggests that intellectual purity has curtailed optimistic realism. The book offers a new framework and language for understanding the nature of oppression. With it, we can begin charting a course to dismantle the obvious and subtle structures that limit freedom. Honest, courageous, and imaginative, *On the Other Side of Freedom* is a work brimming with hope. Drawing from his own experiences as an activist, organizer, educator, and public official, Mckesson exhorts all Americans to work to dismantle the legacy of racism and to imagine the best of what is possible. Honoring the voices of a new generation of activists, *On the Other Side of Freedom* is a visionary's call to take responsibility for imagining, and then building, the world we want to live in.

Recent breakthroughs in the study and treatment of anxiety are empowering countless people to find relief from chronic fears, worrying, phobias, and obsessions. This inviting workbook shows how. The state-of-the-art program presented here is grounded in cognitive-behavioral therapy, the most effective treatment for anxiety. No matter what type of anxiety problem you suffer from, leading experts Drs. Martin M. Antony and Peter J. Norton provide an unrivaled toolkit of proven strategies to help you: *Understand what anxiety is and how it gets out of control *Identify your anxiety triggers *Change the beliefs and behaviors that make symptoms worse *Develop a safe, gradual plan for confronting feared situations *Learn the facts about medications and herbal remedies *Achieve a new level of

calm with relaxation and meditation techniques *Find the right professional help, if and when you need it Vivid examples and user-friendly worksheets (you can download and print additional copies as needed) guide you to put the book's science-based techniques into action. Effective problem-solving tips ease you through the rough spots in recovery. If you're ready to take back your life from anxiety, you've come to the right place. Association for Behavioral and Cognitive Therapies (ABCT) Self-Help Book of Merit Nineteen Eighty-Four (1949) was George Orwell's final novel and was completed in difficult conditions shortly before his early death. It is one of the most influential and widely-read novels of the post-war period.

Named a Most Anticipated/Best Book of the Month by: NPR * USA Today * Time * Washington Post * Vulture * Women's Wear Daily * Bustle * LitHub * The Millions * Vogue * Nylon * Shondaland * Chicago Review of Books * The Guardian * Los Angeles Times * Kirkus * Publishers Weekly So often deployed as a jingoistic, even menacing rallying cry, or limited by a focus on passing moments of liberation, the rhetoric of freedom both rouses and repels. Does it remain key to our autonomy, justice, and well-being, or is freedom's long star turn coming to a close? Does a continued obsession with the term enliven and emancipate, or reflect a deepening nihilism (or both)? On Freedom examines such questions by tracing the concept's complexities in four distinct realms: art, sex, drugs, and climate. Drawing on a vast range of material, from critical theory to pop culture to the intimacies and plain exchanges of daily life, Maggie Nelson explores how we might think, experience, or talk about freedom in ways responsive to the conditions of our day. Her abiding interest lies

in ongoing "practices of freedom" by which we negotiate our interrelation with—indeed, our inseparability from—others, with all the care and constraint that entails, while accepting difference and conflict as integral to our communion. For Nelson, thinking publicly through the knots in our culture—from recent art-world debates to the turbulent legacies of sexual liberation, from the painful paradoxes of addiction to the lure of despair in the face of the climate crisis—is itself a practice of freedom, a means of forging fortitude, courage, and company. On Freedom is an invigorating, essential book for challenging times.

The Model Rules of Professional Conduct provides an up-to-date resource for information on legal ethics. Federal, state and local courts in all jurisdictions look to the Rules for guidance in solving lawyer malpractice cases, disciplinary actions, disqualification issues, sanctions questions and much more. In this volume, black-letter Rules of Professional Conduct are followed by numbered Comments that explain each Rule's purpose and provide suggestions for its practical application. The Rules will help you identify proper conduct in a variety of given situations, review those instances where discretionary action is possible, and define the nature of the relationship between you and your clients, colleagues and the courts.

A radical educator's paradigm-shifting inquiry into the accepted, normal demands of school, as illuminated by moving portraits of four young "problem children" In this dazzling debut, Carla Shalaby, a former elementary school teacher, explores the everyday lives of four young "troublemakers," challenging the ways we identify and understand so-called problem children. Time and again, we

make seemingly endless efforts to moderate, punish, and even medicate our children, when we should instead be concerned with transforming the very nature of our institutions, systems, and structures, large and small. Through delicately crafted portraits of these memorable children—Zora, Lucas, Sean, and Marcus—*Troublemakers* allows us to see school through the eyes of those who know firsthand what it means to be labeled a problem. From Zora's proud individuality to Marcus's open willfulness, from Sean's struggle with authority to Lucas's tenacious imagination, comes profound insight—for educators and parents alike—into how schools engender, exclude, and then try to erase trouble, right along with the young people accused of making it. And although the harsh disciplining of adolescent behavior has been called out as part of a school-to-prison pipeline, the children we meet in these pages demonstrate how a child's path to excessive punishment and exclusion in fact begins at a much younger age. Shalaby's empathetic, discerning, and elegant prose gives us a deeply textured look at what noncompliance signals about the environments we require students to adapt to in our schools. Both urgent and timely, this paradigm-shifting book challenges our typical expectations for young children and with principled affection reveals how these demands—despite good intentions—work to undermine the pursuit of a free and just society.

Kids who get called the worst names oftentimes find each other. That's how it was with us. Skeezie Tookis and Addie Carle and Joe Bunch and me. We call ourselves the Gang of Five, but there are only four of us. We do it to keep people on their toes. Make 'em wonder. Or maybe we do it because we figure that there's

one more kid out there who's going to need a gang to be a part of. A misfit, like us. Skeezie, Addie, Joe, and Bobby -- they've been friends forever. They laugh together, have lunch together, and get together once a week at the Candy Kitchen to eat ice cream and talk about important issues. Life isn't always fair, but at least they have each other -- and all they really want to do is survive the seventh grade. That turns out to be more of a challenge than any of them had anticipated. Starting with Addie's refusal to say the Pledge of Allegiance and her insistence on creating a new political party to run for student council, the Gang of Five is in for the ride of their lives. Along the way they will learn about politics and popularity, love and loss, and what it means to be a misfit. After years of getting by, they are given the chance to stand up and be seen -- not as the one-word jokes their classmates have tried to reduce them to, but as the full, complicated human beings they are just beginning to discover they truly are. The ancient Toltecs believed that life as we perceive it is a dream. We each live in our own personal dream, and all of our dreams come together to make the Dream of the Planet. Problems arise when we forget that the dream is just a dream and fall victim to believing that we have no control over it. "The Mastery of Self" takes the Toltec philosophy of the Dream of the Planet and the personal dream and explains how a person can: Wake upLiberate themselves from illusory beliefs and storiesLive with authenticity Once released, we can live as our true, authentic, loving self, not only in solitude and meditation, but in any place--at the grocery store, stuck in traffic, etc.--and in any situation or scenario that confronts us. The Ruiz family has an enormous following, and this new

book from don Miguel, Jr. will be greeted with enthusiasm by fans around the world. This new book from don Miguel, Jr. will be greeted with enthusiasm by fans around the world.

In *The Four Agreements*, bestselling author don Miguel Ruiz reveals the source of self-limiting beliefs that rob us of joy and create needless suffering. Based on ancient Toltec wisdom, *The Four Agreements* offer a powerful code of conduct that can rapidly transform our lives to a new experience of freedom, true happiness, and love. • A New York Times best-seller for over a decade • Translated into 48 languages worldwide “This book by don Miguel Ruiz, simple yet so powerful, has made a tremendous difference in how I think and act in every encounter.” — Oprah Winfrey “Don Miguel Ruiz’s book is a roadmap to enlightenment and freedom.” — Deepak Chopra, Author, *The Seven Spiritual Laws of Success* “An inspiring book with many great lessons.” — Wayne Dyer, Author, *Real Magic* “In the tradition of Castaneda, Ruiz distills essential Toltec wisdom, expressing with clarity and impeccability what it means for men and women to live as peaceful warriors in the modern world.” — Dan Millman, Author, *Way of the Peaceful Warrior*

Winner of the Pulitzer Prize and the National Book Award, this #1 New York Times bestseller chronicles a young slave's adventures as she makes a desperate bid for freedom in the antebellum South.

The basis for the acclaimed original Amazon Prime Video series directed by Barry Jenkins. Cora is a slave on a cotton plantation in Georgia. An outcast even among her fellow Africans, she is on the cusp of womanhood—where greater pain awaits. And so when Caesar, a slave who has recently arrived from Virginia, urges her to join him on the Underground Railroad, she seizes the opportunity and escapes with him. In Colson Whitehead's ingenious conception, the Underground Railroad is no mere metaphor: engineers and conductors operate a secret network of actual tracks and tunnels beneath the Southern soil. Cora embarks on a harrowing flight from one state to the next, encountering, like Gulliver, strange yet familiar iterations of her own world at each stop. As Whitehead brilliantly re-creates the terrors of the antebellum era, he weaves in the saga of our nation, from the brutal abduction of Africans to the unfulfilled promises of the present day. The Underground Railroad is both the gripping tale of one woman's will to escape the horrors of bondage—and a powerful meditation on the history we all share. Look for Colson Whitehead's bestselling new novel, *Harlem Shuffle!*

Exposition of an ancient aphoristic work on Hindu yoga philosophy.

Annotation In a text innovative in both form and substance, Kahn forces an engagement with Schmitt's four chapters, offering a new version of each that is responsive to the American political imaginary.