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### 290 - KIRSTEN BRODY

"The importance of examining risk/resilience factors in posttraumatic stress disorder (PTSD) across the lifespan has become increasingly obvious: childhood experiences confer risk/resilience for adulthood experiences and biological predictors and correlates of PTSD appear to differ developmentally." "Research into PTSD has typically been conducted with a focus on either child or adult PTSD, with relatively little overlap or discussion between the two camps. The overall focus of this collection is to bring these two groups of researchers together to examine developmental issues and how they impact biological and psychological risk and resilience factors and treatment issues in PTSD and comorbid disorders."--BOOK JACKET.

A Sot Zen priest and Dharma successor of Kosho Uchiyama Roshi explores eight of Zen's most essential and universal liturgical texts and explains how the chants in these works support meditation and promote a life of freedom and compassion.

First published in 1951, Cherokee Cooklore introduces us to traditional Cherokee cooking. It starts with a photographic essay as Aggie Lossiah demonstrates how she makes bean bread. This is followed by recipes gathered from the North Carolina Cherokee community (including yellowjacket soup, blood pudding, hominy corn drink, baked squirrel, and hickory nut soup). A description of Cherokee food customs follows. This is a fascinating booklet that provides valuable food lore for the adventuresome gourmet or the student of Native American history.

LIKE CLASS NOTES—ONLY BETTER. The Princeton Review's ASAP World History is designed to help you zero in on just the information you need to know to successfully grapple with the AP test. Advanced Placement exams require students to have a firm grasp of content—you can't bluff or even logic your way to a 5. Like a set

of class notes borrowed from the smartest student in your grade, this book gives you exactly that. No tricks or crazy stratagems, no sample essays or practice sets: Just the facts, presented with lots of helpful visuals. Inside ASAP World History, you'll find: • Essential concepts, people, events, dates, and ideas for AP World History—all explained clearly & concisely • Lists, charts, tables, and maps for quick visual reference • A three-pass icon system designed to help you prioritize learning what you MUST, SHOULD, and COULD know in the time you have available • "Ask Yourself" questions to help identify areas where you might need extra attention • A resource that's perfect for last-minute exam prep or as a handy resource for daily class work Topics covered in ASAP World History include: • All six time periods featured on the exam • Major ancient & classical civilizations, states, and empires • Globalization & exploration • Imperialism & capitalism • Revolutions & the formation of nations • 20th-century developments such as World War I and II and Communism • Independence movements in Asia & Africa ... and more! Looking for sample exams, practice questions, and test-taking strategies? Check out our extended, in-depth prep guide, *Cracking the AP World History Exam!*

Think Rugby and Total Rugby are rugby classics - two of the most important and influential books ever written on the game of rugby. Thousands of players and coaches around the globe have benefited from the concepts and methods in these books, equipping them with the coaching skills and strategy to play the very best in fifteen-a-side rugby. Think Rugby is a systems book that gets both coach and player working more productively: - the coach, through a wealth of practical advice on keeping sessions fresh and purposeful - the player, through tried and tested methods of improving tactical decision-making to enhance whole-team possession - the team, through focusing on dynamic attack in the forwards and effective positioning in the backs. Written by one of

Rugby Union's most respected coaches, Think Rugby is a classic manual, which continues to influence coaching strategy the world over.

Menopause is an unparalleled opportunity to turn your life around and create a firm foundation for the most fulfilling, healthy, joy-filled years of your life. The Wisdom of Menopause Journal--a companion to Dr. Christiane Northrup's newly revised and best-selling book *The Wisdom of Menopause*--helps you focus on the "me" in menopause. Designed to help you both navigate and document this important transitional time, the journal is packed with action-oriented, practical advice for your mind and body--from recommended supplements and medication options to how to explore the emotional issues behind your physical symptoms. This journal gives you everything you need to create vibrant health in midlife on all levels--not just in your heart, bones, pelvic organs, breasts, and brain . . . but also in your sex life, your relationships, and even your beauty regimen! It enables you to record your current health and concerns, as well as the steps you want to take to achieve your goals in each area. You'll also find powerful affirmations, inspiring quotes, and plenty of blank pages for journaling, so you can create a record of your thoughts and feelings during this important time. Dr. Northrup's insights enable you to see menopause not as a burden to be endured, but as an empowering opportunity to reinvent yourself right down to the cellular level. The key is learning to tap into the profound wisdom that emerges during this life stage--wisdom you can fully trust to guide you toward enormous happiness, joy, and fulfillment.

Korean: A Comprehensive Grammar is a reference to Korean grammar, and presents a thorough overview of the language, concentrating on the real patterns of use in modern Korean. The book moves from the alphabet and pronunciation through morphology and word classes to a detailed analysis of sentence structures and

semantic features such as aspect, tense, speech styles and negation. Updated and revised, this new edition includes lively descriptions of Korean grammar, taking into account the latest research in Korean linguistics. More lower-frequency grammar patterns have been added, and extra examples have been included throughout the text. The unrivalled depth and range of this updated edition of *Korean: A Comprehensive Grammar* makes it an essential reference source on the Korean language.

"A reliable guide to what science fiction is" Christopher Priest, award-winning science fiction author "A really good introduction to the genre" *SFX Magazine* "Perceptive and glorious" Ian Watson, author of the screenplay for Steve Spielberg's *A.I.* Want to become a science fiction buff? Want to expand your reading in your favourite genre? This is a good place to start! From the publishers of the popular *Good Reading Guide* comes a rich selection of some of the finest SF novels ever published. With 100 of the best titles fully reviewed and a further 500 recommended, you'll quickly become an expert in the world of science fiction. The book is arranged by author and includes some thematic entries and special categories such as SF film adaptations, SF in rock music and Philip K. Dick in the mass media . It also includes a history of SF and a new definition of the genre, plus lists of award winners and book club recommendations. Foreword by Christopher Priest, the multiple award-winning SF author.

Every nursing journal currently in print has specific guidelines for writers. This reference is a single source of guidelines required by the editors of 101 nursing journals. This reference tool also includes key journal facts and publication information. This is an invaluable guide for those who are submitting manuscripts for publication.

This pocket-sized guide covers every stage of the process, from how a facilitator should prepare for taking on a new case, through initial contacts with victim and offender and facilitating meetings, to recording and evaluating a case. This is an invaluable companion for any professional needing to know about restorative justice.

Haynes offers the best coverage for cars, trucks, vans, SUVs and motorcycles on the market today. Each manual contains easy to follow step-by-step instructions linked to hundreds of photographs and illustrations. Included in every manual: troubleshooting section to help identify specific problems; tips that give valuable

short cuts to make the job easier and eliminate the need for special tools; notes, cautions and warnings for the home mechanic; color spark plug diagnosis and an easy to use index.

The rewards of carefully chosen alternative investments can be great. But many investors don't know enough about unfamiliar investments to make wise choices. For that reason, financial advisers Larry Swedroe and Jared Kizer designed this book to bring investors up to speed on the twenty most popular alternative investments: Real estate, Inflation-protected securities, Commodities, International equities, Fixed annuities, Stable-value funds, High-yield (junk) bonds, Private equity (venture capital), Covered calls, Socially responsible mutual funds, Precious metals equities, Preferred stocks, Convertible bonds, Emerging market bonds, Hedge funds, Leveraged buyouts, Variable annuities, Equity-indexed annuities, Structured investment products, Leveraged funds The authors describe how the investments work, the pros and cons of each, which to consider, which to avoid, and how to get started. Swedroe and Kizer evaluate each investment in terms of: Expected returns Volatility Distribution of returns Diversification potential Fees Trading and operating expenses Liquidity Tax efficiency Account location Role in an asset-allocation program Any investor who is considering or just curious about investment opportunities outside the traditional world of stocks, bonds, and bank certificates of deposit would be well-advised to read this book.

Norman Birnbaum has contributed to *Toward a Critical Sociology* as an author. Norman Birnbaum is University Professor at Georgetown University Law School and the author of *The Crisis of Industrial Society* and *Toward a Critical Sociology* (both from OUP). A founding editor of *New Left Review*, he has served on the board of *Partisan Review* and *The Nation* . He lives in Washington, D.C.

This field book shows educators how to improve schools by developing group culture, enhancing facilitators' skills, and equipping groups to resolve complex issues around student learning.

In the last quarter of the twentieth century, urban colleges and universities found themselves enveloped by the poverty, crime, and physical decline that afflicted American cities. Some institutions turned inward, trying to insulate themselves rather than address the problems in their own backyards. Others attempted to develop better community relations, though changes were hard to sustain. Spurred by an unprecedented crime wave in 1996, University of Pennsylvania President Judith Rodin knew that the time for

urgent action had arrived, and she set a new course of proactive community engagement for her university. Her dedication to the revitalization of West Philadelphia was guided by her role not only as president but also as a woman and a mother with a deep affection for her hometown. The goal was to build capacity back into a severely distressed inner-city neighborhood—educational capacity, retail capacity, quality-of-life capacity, and especially economic capacity—guided by the belief that "town and gown" could unite as one richly diverse community. Cities rely on their academic institutions as stable places of employment, cultural centers, civic partners, and concentrated populations of consumers for local business and services. And a competitive university demands a vibrant neighborhood to meet the needs of its faculty, staff, and students. In keeping with their mission, urban universities are uniquely positioned to lead their communities in revitalization efforts, yet this effort requires resolute persistence. During Rodin's administration (1994-2004), the *Chronicle of Higher Education* referred to Penn's progress as a "national model of constructive town-gown interaction and partnership." This book narrates the challenges, frustrations, and successes of Penn's campaign, and its prospects for long-term change.

Attention food lovers - The *Rough Guide to Food* is here to show you that food can be good for you, good for the planet and taste great, all at the same time! Navigating through the never-ending food maze, the guide asks the hard-boiled questions no one else can answer- 'Is organic really better for you?' and 'what constitutes a healthy diet?' The guide contains shocking facts and figures about our food options and looks at the entire cycle of food from the politics of importing and exporting to genetic modifications, and from pesticide free organic farms to the ethically questionable practices of the Big Four supermarkets. With a plethora of good honest advice and the shattering of harmful myths, the guide also decodes those grub-related catch words like organic, local, wholefoods, vegetarian, vegan, food-intolerance, Fairtrade, sustainability and the worst of all - diet! If you eat food, or are considering eating food, then *The Rough Guide to Food* can make your experience both pleasurable and nutritional, offering simple choices and good advice, as well as practical tips to eating and shopping that fit with your lifestyle and budget - without resorting to overindulgence, or self-denial!

Have you been attacked by a wolf-like creature in the last 30

days? Was it after the sun had set and under a full moon? If you answered, “yes” to both these questions, there’s a very good chance that you were bitten by a werewolf. You now have less than a month before the full moon returns and with it your first transformation into a savage, bloodthirsty beast. Survival is an option, but first, know this: \* Werewolves are real. \* The majority of lycanthropes who do not have access to this book die during or shortly after their first transformations, generally due to heart failure, gunshot wounds, exposure, drowning or suicide. \* Hollywood horror movies are NOT to be used as guides to living as a werewolf. Their goal is not to educate, but to entertain. As a result, they are largely ignorant of the realities of the condition. \* Ignorance creates monsters; lycanthropy does not. \* You are not a monster. The *Werewolf's Guide to Life* cuts through the fiction and guides you through your first transformation and beyond, offering indispensable advice on how to tell if you’re really a werewolf, post-attack etiquette, breaking the news to your spouse, avoiding government abduction, and how to not just survive, but thrive. You cannot afford to not read this book. Your very life depends on it.

"300 more mind-bending facts that are almost too amazing to believe"--Page 4 of cover.

*Killer Verse: Poems of Murder and Mayhem* is a spine-tingling collection of terrifically creepy poems about the deadly art of murder. The villains and victims who populate these pages range from Cain and Abel and Bluebeard and his wives to Lizzie Borden, Jack the Ripper, and Mafia hit men. The literary forms they inhabit are just as varied, from the colorful melodramas of old Scottish ballads to the hard-boiled poetry of twentieth-century noir, from lighthearted comic riffs to profound poetic musings on murder. Robert Browning, Thomas Hardy, W. H. Auden, Stevie Smith, Mark Doty, Frank Bidart, Toi Derricotte, Lynn Emanuel, and Cornelius Eady are only a few of the many poets, old and new, whose work is captured in this heart-stopping—and criminally entertaining—collection.

When a girl is adopted from a Chinese orphanage, everything she knew about family, best friends, and sisterhood must change. Wen has spent the first eleven years of her life at an orphanage in rural China, and the only person she would call family is her best friend, Shu Ling. When Wen is adopted by an American couple, she struggles to adjust to every part of her new life: having ac-

cess to all the food and clothes she could want, going to school, being someone's daughter. But the hardest part of all is knowing that Shu Ling remains back at the orphanage, alone. Wen knows that her best friend deserves a family and a future, too. But finding a home for Shu Ling isn't easy, and time is running out . . .

For the first time in one thrilling volume, three novels—*Labyrinth of Evil*, *Revenge of the Sith*, and *Dark Lord: The Rise of Darth Vader*—that follow an epic chain of events: the last days of the Republic, the creation of the Empire, and the ultimate transformation of Jedi Anakin Skywalker into the notorious Darth Vader. On the planet Neimoidia, Jedi Knights Obi-Wan Kenobi and Anakin Skywalker seize an unexpected prize: intelligence capable of leading the Republic forces to the ever-elusive Darth Sidious, who is ruthlessly orchestrating a campaign to divide and overwhelm the Jedi forces. As combat escalates across the galaxy, and Darth Sidious remains one step ahead of his pursuers, the stage is set for an explosive endgame. Tormented by unspeakable visions, Anakin edges closer to the brink of a galaxy-shaping decision, while Darth Sidious plots to strike the final staggering blow against the Republic—and to ordain a fearsome new Sith Lord: Darth Vader. Once the most powerful Knight ever known to the Jedi Order, Anakin becomes Darth Vader, a disciple of the dark side, a lord of the dreaded Sith, and the avenging right hand of the galaxy's ruthless new Emperor. As a few surviving Jedi lead a charge on a Separatist stronghold, the deadliest threat still rests in the swift and lethal crimson lightsaber of Darth Vader—behind whose brooding mask lies a shattered heart, a poisoned soul, and a cunning, twisted mind hell-bent on vengeance. For the handful of scattered Jedi hunted across space, survival is imperative if the light side of the Force is to be protected and the galaxy reclaimed. *LABYRINTH OF EVIL* by James Luceno *REVENGE OF THE SITH* by Matthew Stover, based on the story and screenplay by George Lucas *DARK LORD The Rise of Darth Vader* by James Luceno

To remedy means to heal, to cure, to set right, to make reparations. *The Remedy* invites writers and readers to imagine what we need to create healthy, resilient, and thriving LGBTQ communities. This anthology is a diverse collection of real-life stories from queer and trans people on their own health-care experiences and challenges, from gay men living with HIV who remember the systemic resistance to their health-care needs, to a lesbian couple dealing with the experience of cancer, to young trans people who

struggle to find health-care providers who treat them with dignity and respect. The book also includes essays by health-care providers, activists and leaders with something to say about the challenges, politics, and opportunities surrounding LGBTQ health issues. Both exceptionally moving and an incendiary call-to-arms, *The Remedy* is a must-read for anyone—gay, straight, trans, and otherwise—passionately concerned about the right to proper health care for all. Contributors include Amber Dawn, Sinclair Sexsmith, Francisco Ibanez-Carrasco, Cooper Lee Bombardier, Kara Sievewright, and Kelli Dunham. Zena Sharman is a passionate advocate for queer and trans health. She has over a decade's experience in health research; currently she is Director of Strategy at the Michael Smith Foundation for Health Research. Zena is also co-editor of *Persistence: All Ways Butch and Femme*. She lives in Vancouver, British Columbia.

From the heart of *The Velvet* a writing community built around the fervent love of neo-noir fiction comes an original anthology. Stacked with brilliant emerging writers alongside some of the strongest established voices in contemporary literature, *WARMED AND BOUND* crosses literary boundaries on all sides, to deliver an altogether unique reading experience. Through seemingly opposed conventions, beautiful prose makes a hard impression on the short story form. From a scary love story to a nostalgic thriller, a hardboiled pursuit of salvation to the black humor that is existentialism, *WARMED AND BOUND* is rogue humility and lovesick noir, where humanity is a dirty puzzle. It 's *Velvet Noir*. Welcome. Matt Bell Tim Beverstock Blake Butler Vincent Louis Carrella Craig Clevenger Craig Davidson Chris Deal DeLeon DeMicoli Christopher J Dwyer Brian Evenson Sean P Ferguson Amanda Gowin JR Harlan Gordon Highland Anthony David Jacques Mark Jaskowski Jeremy Robert Johnson Stephen Graham Jones Nik Korpon Gary Paul Libero Kyle Minor Doc O Donnell J David Osborne Rob Parker Bob Pastorella Gavin Pate Cameron Pierce Edward J Rathke Caleb J Ross Bradley Sands Axel Taiari Richard Thomas Brandon Tietz Gayle Towell Paul Tremblay Pela Via Craig Wallwork Nic Young "The writers of *The Velvet* are contemporary fiction 's most effective and least self-conscious aesthetic guerrillas . . . The result is fiction at once conceived from high artistic intent and executed with depraved populist energy." Steve Erickson author of *Zeroville* and *The Sea Came in at Midnight* *Brighter Child(R)* Spanish for Grade 2 helps students master begin-

ning foreign language skills. Practice is included for learning number words, neighborhood words, classroom words, and more. School success starts here! Workbooks in the popular Brighter Child(R) series are packed with plenty of fun activities that teach a variety of essential school skills. Students will find help for math, English and grammar, handwriting, and other important subject areas. Each book contains full-color practice pages, easy-to-follow instructions, and an answer key.

Internationally beloved opera star Deborah Voigt recounts her harrowing and ultimately successful private battles to overcome the addictions and self-destructive tendencies that nearly destroyed her life. *Call Me Debbie* is one of the most electrifying performances of Deborah Voigt's life. The brilliantly gifted opera soprano takes us behind the velvet curtains to tell her compelling story—a tale of success, addiction, music, and faith as dramatic as any role she has performed. For the first time, she talks about the events that led to her dangerous gastric bypass surgery in 2004 and its shocking aftermath: her substantial weight loss coupled with the “cross addiction” that led to severe alcoholism, frightening all-night blackouts, and suicide attempts. Ultimately, Voigt emerged from the darkness to achieve complete sobriety, thanks to a twelve-step program and a recommitment to her Christian faith. Colored by hilarious anecdotes and juicy gossip that illu-

minate what really goes on backstage, Voigt paints diverting portraits of the artists with whom she's worked, her most memorable moments onstage, and her secrets to great singing. She also offers fascinating insight into the roles she's played and the characters she loves, including Strauss's *Ariadne* and *Salome*, Puccini's *Minnie*, and Wagner's *Sieglinde*, *Isolde*, and *Brünnhilde*, sharing her intense preparation for playing them. Filled with eight pages of color photos, *Call Me Debbie* is an inspirational story that offers a unique look into the life of a modern artist and a remarkable woman.

In the backwoods of Mississippi, a land of honeysuckle and grapevine, Jewel and her husband, Leston, are truly blessed; they have five fine children. When Brenda Kay is born in 1943, Jewel gives thanks for a healthy baby, last-born and most welcome. Jewel is the story of how quickly a life can change; how, like lightning, an unforeseen event can set us on a course without reason or compass. In this story of a woman's devotion to the child who is both her burden and God's singular way of smiling on her, Bret Lott has created a mother-daughter relationship of matchless intensity and beauty, and one of the finest, most indomitable heroines in contemporary American fiction.

“Annie Ernaux's work,” wrote Richard Bernstein in the *New York Times*, “represents a severely pared-down Proustianism, a testa-

ment to the persistent, haunting and melancholy quality of memory.” In the *New York Times Book Review*, Kathryn Harrison concurred: “Keen language and unwavering focus allow her to penetrate deep, to reveal pulses of love, desire, remorse.” In this “journal” Ernaux turns her penetrating focus on those points in life where the everyday and the extraordinary intersect, where “things seen” reflect a private life meeting the larger world. From the war crimes tribunal in Bosnia to social issues such as poverty and AIDS; from the state of Iraq to the world's contrasting reactions to Princess Diana's death and the starkly brutal political murders that occurred at the same time; from a tear-gas attack on the subway to minute interactions with a clerk in a store: Ernaux's thought-provoking observations map the world's fleeting and lasting impressions on the shape of inner life.

Recipes and methods of cooking doughnuts.

Over 50 step-by-step projects including tiling painting, installing trim, skylights and much more.

A year after a devastating epidemic swept the world, Emily and her six-year-old son, Song, are struggling south in search of more hospitable climates. A snowstorm traps them in an abandoned gas station, where starving and desperate, they encounter Aaron, an Army medic on a mission of his own, who offers them a ride to ease the journey.