

Read Book Divorce Small Group Activities And Discussion

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65B - LANE TRUJILLO

For guidance counselors, social workers, nurses and others who work closely with elementary students troubled by problems of divorce, this unique new resource presents 12 ready-to-use, school-tested group sessions with background information and reproducible materials to help children who are struggling to cope with and accept changes in their families. The sessions are preceded by guidelines for establishing divorce groups, ideas for beginning and ending each session, suggestions for responding to the confusion children may express, and case studies with actual examples of the children's questionnaires and artwork. Each of the 12 group sessions provides ready-to-use lesson plans and reproducible activity sheets that can be copied as many times as needed: general background on divorce, why parents marry and divorce, changes, two houses, feeling angry, feeling guilty, the grieving process, legal issues, stepparenting, a happy marriage, review, achieving closure.

Divorce isn't easy on anyone, least of all children. When Mom and Dad Divorce helps gently guide children through this painful passage.

A little boy learns that he did not cause his parent's divorce because of the mess he made with chocolate pudding, and describes his new life living with his dad and seeing his mom on weekends.

The School Counselor's Study Guide for Credentialing Exams is the only study guide on the market based on the ASCA School Counselor Competencies, CACREP Standards, NBCC NCSCE content requirements, and the NCATE and NBPTS Standards. Designed to help users build knowledge and skills that are transferrable to any test format, it can be used to prepare for the NCSCE, Praxis II School Counseling Specialty Exam, NBPTS School Counseling national certification exam, Comprehensive School Counselor Education program exams, and state certification exams for professional school counseling. Each chapter aligns with one of the eight CACREP content areas for school counseling and covers in depth the material necessary to succeed on any of the exams. Also included in each chapter are case scenarios, guided reflection questions, and actual exam practice questions. A full-length practice exam is provided at the end with answers and explanations for correct and incorrect responses. Additional resources include a glossary of important terms and lists of ethical codes and competencies for various school counseling related organizations. Students and professionals seeking a professional school counselor credential will find this to be an invaluable tool in their exam preparation.

Offers advice to help young readers understand divorce and cope with the conflicting emotions they feel during the experience through the story of Otis, a young boy whose parents are going through a tough divorce.

The Model Rules of Professional Conduct provides an up-to-date resource for information on legal ethics. Federal, state and local courts in all jurisdictions look to the Rules for guidance in solving lawyer malpractice cases, disciplinary actions, disqualification issues, sanctions questions and much more. In this volume, black-letter Rules of Professional Conduct are followed by numbered Comments that explain each Rule's purpose and provide suggestions for its practical application. The Rules will help you identify proper conduct in a variety of given situations, review those instances where discretionary action is possible, and define the nature of the relationship between you and your clients, colleagues and the courts.

The texts focus on preschool-aged children, children in kindergarten through grade two, children in grades three through six, and teenagers. Each curriculum contains ten ninety-minute sessions that should be implemented over a period of ten weeks. By employing age-appropriate themes to engage the child and provide continuity throughout the sessions, the division of material within the curricula assures that the activities reflect the developmental level of the grieving child or adolescent. Each person grieves differently, and Grief Support Group Curriculum addresses the issues related to mourning while recognizing the importance of individuality in grieving.

A guide to the latest tools for teaching effective and positive parenting skills In the last three de-

acades, parent training has established itself as an empirically sound, highly successful, and cost-effective intervention strategy for both pre-venting and treating behavior disorders in children. Handbook of Parent Training, Third Edition offers a unique opportunity to learn about the latest research findings and clinical developments in parent training from leading innovators in the field. Featuring new chapters, this thoroughly revised and updated edition covers issues that have emerged in recent years. Readers will find the latest information on such topics as: * Behavioral family intervention for childhood anxiety * Working with parents of aggressive school-age children * Preventive parent training techniques that support low-income, ethnic minority parents of preschoolers * Treating autism and Asperger's Syndrome * Parenting and learning tools including role playing and modeling positive and effective parenting styles Offering practical advice and guidance for parent training, each chapter author begins by identifying a specific problem and then describes the best approach to identifying, assessing, and treating the problem. In every instance, descriptions of therapeutic techniques are multimodal and integrate theory, research, implementation strategies, and extensive case material. Handbook of Parent Training, Third Edition is a valuable professional resource for child psychologists, school psychologists, and all mental health professionals with an interest in parent skills training.

Beyond the Average Divorce is a core text that introduces students and scholars to the research literature on divorce and changes which occurs in family structures. Rather than a simplistic, static view that emphasizes means and averages in looking at 'typical' family reactions to divorce, this text emphasizes variability, fluidity, and change over time in the predivorce, divorce, and postdivorce process. The book also presents a dynamic theoretical model of divorce and how it is experienced and reacted to by family members in the complex variety of family situations.

Group Work With Populations at Risk, Third Edition is a fundamental resource for practitioners in health and mental health settings and a comprehensive guidebook of group work skills. Geared toward students and professionals gaining a beginning understanding of groups, this volume describes how to work with vulnerable populations that include returning war veterans, Latino and Latina immigrants, women and men who were abused as children, children of divorce, and people struggling with substance abuse, AIDS, cancer, or chronic mental illness. Each chapter describes the population and reviews the relevant literature, identifies themes and practice principles, presents a case illustration, provides evaluation guidance, and refers readers to key references and web resources. Each one is designed to stand alone for easy reference, and overviews of skill building and evidence-based practice make this a timely, comprehensive resource for group leaders regardless of specialty.

From the creator of the popular website Ask a Manager and New York's work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There's a reason Alison Green has been called “the Dear Abby of the work world.” Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don't know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You'll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit “reply all” • you're being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate's loud speakerphone is making you homicidal • you got drunk at the holiday party Praise for Ask a Manager “A must-read for anyone who works . . . [Alison Green's] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work.”—Booklist (starred review) “The author's friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience.”—Library Journal (starred review) “I am a huge fan of Alison Green's Ask a Manager col-

umn. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor.”—Robert Sutton, Stanford professor and author of The No Asshole Rule and The Asshole Survival Guide “Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way.”—Erin Lowry, author of Broke Millennial: Stop Scraping By and Get Your Financial Life Together

An age appropriate story that navigates the concept of having a Mom's house and a Dad's house. This book takes the negative emotion out of the equation and assures the reader that living in two homes does not make them an outcast. The story emphasizes that a child with two homes is loved by both Mom and Dad no matter what, and that love is what makes each family special.

Are there children in your life who are experiencing the pain of their parents' divorce? This book will help give advice and information in a gentle and sensitive way. It will help children face their fears, worries and questions when the family is going through a break-up. Parents, teachers, and gift givers will find: language that is simple, direct, and easier for younger children to understand information about a divorce in my family a helpful book written by a psychotherapist and counselor a whole series of books for children to explore emotional issues The A First Look At series promotes positive interaction among children, parents, and teachers, and encourage kids to ask questions and confront social and emotional questions that sometimes present problems. Books feature appealing full-color illustrations on every page plus a page of advice to parents and teachers.

The Handbook of Group Counseling and Psychotherapy is a comprehensive reference guide for group practitioners and researchers alike. Each chapter reviews the literature and current research as well as suggestions for practice in the psycho educational arena, counselling, and therapy groups. The Handbook encourages the notion that the field is improved through increased collaboration between researchers and practitioners. Through a review of cutting-edge research and practice, the Handbook includes } 48 articles by renowned experts in group work } the history and theory of group work } topics across the lifespan } an entire section on multicultural issues } a variety of clinical problems and settings } appendices include the Association for Specialists in Group Work Training Standards, Best Practice Standards, and Principles for Diversity-Competent Group Workers The Handbook is divided into seven sections: Current and Historical Perspectives on the Field of Group Counselling and Psychotherapy, reviews and analyzes the many contributions and contributors that have made group counselling and psychotherapy a vital and potent treatment method. The chapter outlines review articles spanning four decades, and outlines the evolution of group themes over the last 100 years. Best Practices in Group Counselling and Psychotherapy uses research, theory, and group counseling experience to provide group leaders and researches with the most current and best practices in conducting group counseling and psychotherapy. Multicultural Groups follows the ASGW Principles for Diversity-Competent Group Workers and is intended to provide group leaders with essential information about different cultural groups and their world views, perceptions of groups, naturalistic healing methods, suggested group interventions, and implications for groups. Chapters cover Native-Americans, Latinos, Asians, and African-Americans, disabled persons, and gender and sexuality. Groups Across Settings includes examples of psycho-educational, counseling, and psychotherapy groups in a variety of settings. This section presents readers with theoretical and empirical support for group work in such settings as the Veterans Administration system, university counselling centers, and more. Groups Across the Lifespan consist of chapters across many age groups. For children and adolescents, cognitive and developmental issues are addressed. For adults, socialization and interpersonal issues are addressed, including separate chapters for male and female groups. Finally, a chapter on the elderly deals with cognitive, health, and life review issues. Special Topics Groups presents a continuum of different types of groups used to treat people with interpersonal and developmental issues, such as grief, substance abuse, depression, and others. Each chapter in this section provides definitions and descriptions of the issues along with theoretical and empirical support. Finally, Critical Issues and Emerging Topics

attempts to reflect the zeitgeist and provide a glimpse into group interventions for the future. Emerging issues, such as online groups, prevention groups, and peer-led mutual help groups receive careful attention and analysis. The Handbook of Group Counseling and Psychotherapy, the first reference devoted to this emerging and rapidly growing field, is essential for academics, researchers, professionals, and librarians serving the group therapy community. There is no similar reference available, and it will prove a landmark volume for years to come.

Professionals who work with divorcing couples and their families will be inspired by this important book on effective clinical assessment and intervention. The book blends a variety of expert contributions--descriptive, theoretical, and empirical--into a practical handbook that focuses on resources for dealing with the anger and pain of parting spouses and disrupted childhoods. A rich array of clinically useful materials is provided. The book covers background theory, marital interaction, the definition of clinical dysfunctions in children of divorce, specific clinical features of childhood developmental levels, post-divorce reorganization, and models of group work.

A workbook, designed to help counselors educate students in vitally important areas such as interpersonal communication, conflict management, and relationship building.

The second edition of Play Therapy Techniques includes seven new chapters in addition to the original twenty-four. These lively chapters expand the comprehensive scope of the book by describing issues involved in beginning and ending therapy, using metaphors, playing music and ball, and applying the renowned "Color Your Life" technique. The extensive selection of play techniques described in this book will add to the clinical repertoire of students and practitioners of child therapy and counseling. When used in combination with formal education and clinical supervision, Play Therapy Techniques, Second Edition, can be especially useful for developing treatment plans to address the specific needs of various clinical populations. Students and practitioners of child therapy and counseling, including psychologists, psychiatrists, social workers, nurses, and child life specialists will find this second of Play Therapy Techniques informative and clinically useful.

The School Counselor's Desk Reference and Credentialing Examination Study Guide, Second Edition is the only study guide and desk reference on the market that covers the latest ASCA School Counselor Competencies, CACREP Standards, and the CAEP and NBPTS Standards. It effectively prepares students for the Praxis II Professional School Counseling exams (5421 & 0420), NBPTS School Counseling National Certification exam, School Counselor Preparation Comprehensive exams, and state-specific certification exams for the professional practice of school counseling. This revised volume is designed to build knowledge and skills through end-of-chapter practice tests, a full-length practice exam with exam answers and rationales, guided reflections, and case studies. Additional resources include a glossary of important terms and a list of commonly used acronyms within the profession.

AN INSTANT NEW YORK TIMES BESTSELLER! The "too-cool-for-school" third picture book from the #1 New York Times bestselling creators of The Bad Seed and The Good Egg, Jory John and Pete Oswald. Everyone knows the cool beans. They're sooooo cool. And then there's the uncool has-bean . . . Always on the sidelines, one bean unsuccessfully tries everything he can to fit in with the crowd--until one day the cool beans show him how it's done. With equal measures of humor, wit, and charm, the #1 New York Times bestselling duo Jory John and Pete Oswald craft another incredible picture book, reminding us that it's cooler to be kind. Check out Jory John and Pete Oswald's funny, bestselling books for kids 4-8 and anyone who wants a laugh: The Bad Seed The Good Egg The Cool Bean The Couch Potato The Good Egg Presents: The Great Eggscapes! The Bad Seed Presents: The Good, the Bad, the Spooky! The Cool Bean Presents: As Cool as It Gets That's What Dinosaurs Do

Dinosaur characters discuss the subject of divorce in a way that very young children can understand, dealing with such specific issues as why parents divorce and living in two homes

The essential reference for human development theory, updated and reconceptualized The Handbook of Child Psychology and Developmental Science, a four-volume reference, is the field-defining work to which all others are compared. First published in 1946, and now in its Seventh Edition, the Handbook has long been considered the definitive guide to the field of developmental science. Volume 4: Ecological Settings and Processes in Developmental Systems is centrally concerned with the people, conditions, and events outside individuals that affect children and their development. To understand children's development it is both necessary and desirable to embrace all of these social and physical contexts. Guided by the relational developmental systems metatheory, the chapters in the volume are ordered them in a manner that begins with the near proximal contexts in which chil-

dren find themselves and moving through to distal contexts that influence children in equally compelling, if less immediately manifest, ways. The volume emphasizes that the child's environment is complex, multi-dimensional, and structurally organized into interlinked contexts; children actively contribute to their development; the child and the environment are inextricably linked, and contributions of both child and environment are essential to explain or understand development. Understand the role of parents, other family members, peers, and other adults (teachers, coaches, mentors) in a child's development Discover the key neighborhood/community and institutional settings of human development Examine the role of activities, work, and media in child and adolescent development Learn about the role of medicine, law, government, war and disaster, culture, and history in contributing to the processes of human development The scholarship within this volume and, as well, across the four volumes of this edition, illustrate that developmental science is in the midst of a very exciting period. There is a paradigm shift that involves increasingly greater understanding of how to describe, explain, and optimize the course of human life for diverse individuals living within diverse contexts. This Handbook is the definitive reference for educators, policy-makers, researchers, students, and practitioners in human development, psychology, sociology, anthropology, and neuroscience.

Mum and Dad don't live together any more, so sometimes this little girl lives with her mum and her cat, and sometimes she lives with her dad. She has two bedrooms and two sets of toys, but she takes her favourite toys with her wherever she goes.

Decades of research have demonstrated that the parent-child dyad and the environment of the family--which includes all primary caregivers--are at the foundation of children's well-being and healthy development. From birth, children are learning and rely on parents and the other caregivers in their lives to protect and care for them. The impact of parents may never be greater than during the earliest years of life, when a child's brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment. Parents help children build and refine their knowledge and skills, charting a trajectory for their health and well-being during childhood and beyond. The experience of parenting also impacts parents themselves. For instance, parenting can enrich and give focus to parents' lives; generate stress or calm; and create any number of emotions, including feelings of happiness, sadness, fulfillment, and anger. Parenting of young children today takes place in the context of significant ongoing developments. These include: a rapidly growing body of science on early childhood, increases in funding for programs and services for families, changing demographics of the U.S. population, and greater diversity of family structure. Additionally, parenting is increasingly being shaped by technology and increased access to information about parenting. Parenting Matters identifies parenting knowledge, attitudes, and practices associated with positive developmental outcomes in children ages 0-8; universal/preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge, attitudes, and practices; and barriers to and facilitators for parents' use of practices that lead to healthy child outcomes as well as their participation in effective programs and services. This report makes recommendations directed at an array of stakeholders, for promoting the wide-scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice. It is meant to serve as a roadmap for the future of parenting policy, research, and practice in the United States.

Specifically focused on the school counseling profession, the cutting-edge new SCHOOL BASED GROUP COUNSELING delivers a professional, comprehensive, and well-balanced group counseling text for K-12 preservice school counselors. Combining theory, research, case studies, real-world examples, and plenty of hands-on material, this exciting new First Edition walks preservice school counselors step by step through the development, planning, implementation, and evaluation of small groups in school counseling. Written by professionals in the field, it offers thorough discussions of K-12 case studies and group examples from practicing school counselors. It also provides an excellent context for group work through a discussion of the pertinent theories and key research. The authors use the lens of real-world, school-based practice, strengths-based counseling, systems thinking, developmental psychology, and ASCA's National Model. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

A child describes the feelings and emotions which are the mark of his individual self.

Understanding divorce--a healing drawing and activity book for kids Unlike other divorce books for kids, My Family is Changing helps your child (age 5-7) process what's happening through sympa-

thetic stories that feature a diverse collection of children. Each story also serves as a starting point for a host of activities and drawing pages that provide a safe space for them to explore and express their feelings. My Family is Changing goes beyond other divorce books for kids, with: Understanding divorce--Help your child deal with some of the new challenges they might face--like separate houses, different weekend activities, and changing traditions--in a supportive way. 7 Insightful stories--Your child will discover that they aren't alone thanks to comforting stories about other children whose parents are also divorcing. Emotional discovery--Activities like drawing their changing family to making a calendar of things they want to do make this a standout among divorce books for kids. Divorce books for kids should provide tools for kids to not just learn, but also share their feelings--and this book delivers results.

Finding fulfillment in both love and work isn't easy--but it's possible. The majority of couples today are dual-career couples. As anyone who's part of such a relationship knows, this presents big challenges: trying to raise kids and achieve career goals while caring for and supporting your partner can seem impossible. Yet most advice for dual-career couples fails, framing the challenges as a zero-sum game in which one partner's gain is the other's loss and solutions feel like sacrifices or unsatisfactory trade-offs. This book is different. In Couples That Work, INSEAD professor Jennifer Petriglieri rejects conventional, one-size-fits-all solutions and instead focuses on how dual-career couples can tackle and resolve the challenges they face throughout their lives--together. She identifies three key phases of exploration and personal growth in every couple's work-life journey, showing how partners must navigate these together to strengthen their bond. Each phase is crystallized with a question: How can we make this work? The first phase focuses on the logistics of combining two busy lives and often involves the demands of young children. What do we really want? In the second phase, couples learn to navigate their midlife crises in ways that allow each partner to continue to feel happy and fulfilled. Who are we now? With careers winding down and kids grown up, this last phase offers new freedoms--and uncertainties. Based on a five-year research project, the book includes interviews with couples from over thirty countries--from executives to entrepreneurs and from twentysomething newlyweds to dual-career grandparents. Filled with vivid real-life stories, keen insights, and engaging exercises, Couples That Work will help couples develop their own unique answers to that most pressing question: How can we successfully combine love and work?

"Splitopia challenges outdated, negative assumptions about divorce with sharp wit, searing honesty, rigorous research, and intimate interviews, and offers guidance for healthier, happier splits"--

How to Divorce-Proof Your Marriage Ready to STOP Your Marriage Pain? START Re-Connecting Again? Begin Your New Marriage Journey right here..... * Afraid of becoming one of those sad statistics? * Tired of the "same old, same old ruts you've fallen into?" * Sad those loving feelings seem to be gone forever? * Confused about how to begin your miraculous turnaround? Just Released: Field tested practical tools that have worked with hundreds of other couples! Who Wants A Better Marriage? Who Wants a Healthy Marriage? Has Your Marriage Gone Stale? Worried About Your Marriage? 12 Insightful Chapters including: Become A Detective On Yourself Are You Fun To Live With? Change Your Dance, Not Your Partner!

The Texas Model for Comprehensive School Counseling Programs is a resource to develop effective and high quality comprehensive school counseling programs that align with Texas statutes and rules governing the work of school counselors. It outlines a process for tailoring school counseling programs to meet the varying needs of students across an array of school districts through implementation of the four components of school counseling programs, Guidance Curriculum, Responsive Services, Individual Planning, and System Support. With this resource, a school counselor will learn to use campus-specific data to identify the unique needs of a campus and design a comprehensive school counseling program to meet those needs. Recognizing the important roles of the entire educational community, the Texas Model for Comprehensive School Counseling Programs provides examples of how parents, teachers, administrators, principals and school counselors can best contribute to implementation of each of the four components of comprehensive school counseling programs. It provides a developmental framework for a school counseling program curriculum that includes activities at each grade level to enhance students' educational, career, personal and social development.

This comforting, reassuring picture book will help young children come to terms with divorce and separation. A little boy tries to find a pot of parent glue to stick his mum and dad back together. His parents have come undone and he wants to mend their marriage, stick their smiles back on and make them better. But, as he learns, even though his parents' relationship may be broken,

their love for him is not. "An excellent book aimed squarely at young children." Nursery World "Resonates with empathy and poignancy." Junior

A fun-filled game plan to help boys of upper elementary and middle-school age build trust, respect, and peer connections, *Building Champions* covers the topics boys most want and need to become better friends, classmates, and citizens. Numerous hands-on and interactive experiences maintain group members' interest and allow them to practice targeted skills while learning. Each lesson after the first includes three teaching options to address the needs of different types of groups. Eight group lessons cover the following topics: Introduction to Building Champions, Breaking a Sweat (Goal Setting), In the Huddle (Integrity and Respect), Hands In (Relationships), Game Time (Leadership and Teamwork), Sitting on the Bench (Self-Control), The Last Play (Confidence), Shake Hands, Game Over (Being a Good Sport). A CD included with the book provides reproducible items, including lesson "exit slips," student handouts, and program organization and progress tracking forms.

For a decade, Amy Dickinson has been the Chicago Tribune's signature general advice columnist, helping readers with questions both personal and pressing. *Ask Amy: Advice for Better Living* is a collection of over 200 question-and-answer columns taken from 2011–2013. As the highly popular

successor to the legendary Ann Landers, Dickinson answers readers' questions with care and attention, while also providing a plainspoken, straight-shooting dose of reality that often only comes to us from close friends. Dickinson's advice is rooted in honesty and trust, which is why so many readers turn to her for advice on their everyday lives and for maintaining healthy, lasting relationships. *Ask Amy: Advice for Better Living* is a testament to the empathetic counsel and practical common-sense tips that Dickinson has been distilling for years.

It's never too late to have a good divorce. Based on two decades of groundbreaking research, *The Good Divorce* presents the surprising finding that in more than fifty percent of divorces couples end their marriages, yet preserve their families. Dr. Ahrons shows couples how they can move beyond the confusing, even terrifying early stages of breakup and learn to deal with the transition from a nuclear to a "binuclear" family—one that spans two households and continues to meet the needs of children. *The Good Divorce* makes an important contribution to the ongoing "family values" debate by dispelling the myth that divorce inevitability leaves emotionally troubled children in its wake. It is a powerful tonic for the millions of divorcing and long-divorced parents who are tired of hearing only the damage reports. It will make us change the way we think about divorce and the way we divorce, reconfirming our commitment to children and families.

Protect your child from alienation and loyalty conflicts. During and after a difficult divorce, it's easy for your relationship with your kids to become strained—especially if you are dealing with a toxic ex who bad-mouths you in front of your children, accuses you of being a bad parent, and even attempts to "replace" you with a new partner in your children's lives. Your children may become confused, conflicted, angry, anxious, or depressed—and you may feel powerless. But there is help. In this guide, you'll discover a positive parenting approach to dealing with a hostile ex-spouse. You'll learn the best ways to protect your children from painful loyalty conflicts, how to avoid parental alienation syndrome, and techniques for talking to your children in a way that fosters honesty and trust. Co-parenting with a toxic ex can be challenging, but with the right tools you can protect your kids and make your relationship with them stronger than ever.

This book provides readers with direction on how to organize psychoeducational groups while also helping them enhance skills for effectively leading such groups—all in one comprehensive volume! Offering an applied, pragmatic approach, author Janice L. DeLucia-Waack uniquely integrates research and practice to suggest valuable leadership strategies while addressing special issues such as children of divorce, anger management, bullying behaviors, and much more.