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Decide: Work Smarter, Reduce Your Stress, and Lead By Example is a book that provides a practical approach on how to focus on things that matter by identifying our motivation. We all make decisions every time, but the book presents a way to make better decisions by first understanding the value of time, and teaching practical ways to prioritize, plan, manage interruptions, and organize.

Decide: Work Smarter, Reduce Your Stress, and Lead by Example by Steve McClatchy - A 27-min Summary. —Valerie Sutton, Director of Career Services, Harvard Graduate School of Education - "If your intention is to gain from your life, and not just prevent the pain that often comes with it, then Decide is the book for you.

Decide: Work Smarter, Reduce Your Stress and Lead by ...

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"Decide puts personal power squarely where it belongs—in your hands. Follow Steve's advice, and you'll immediately see benefits that will change the way you plan, spend your time, and engage with others. To change your trajectory and start leading in all aspects of your life, all you have to do is DECIDE."

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With McClatchy's help, you can quickly begin to: Use the time you have each day to move your business and your life forward. Make decisions that yield better results. Waste less time, reduce stress and regain balance.

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"Decide delivers: If you're struggling to lead not just manage, if you're frustrated that your very best results are just beyond reach, or if you're simply at war with your calendar, Steve McClatchy's new book is for you. Decide is a rare fresh take at some of the thorny problems that block our best work. But don't just take my word ...

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Chapter 5 What Understanding the Value of Time Can Do for Your Life Begin doing what you want to do now. We are not living in eternity. We have only ... - Selection from Decide: Work Smarter, Reduce Your Stress, and Lead by Example [Book]

Decide: Work Smarter, Reduce Your Stress, and Lead by Example

STEVE McCLATCHY is an international speaker, trainer, consultant, writer, and entrepreneur who has s0361278DDE. 0 people every day to help them achieve outstanding levels of performance—shows you how to cut through the complexities and excuses to start realizing real gains simply by changing one thing: the way you make decisions.

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