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497 - HIGGINS PAMELA

Underexplored Medicinal Plants from Sub-Saharan Africa: Plants with Therapeutic Potential for Human Health examines a comprehensive selection of rarely explored plants that have been underestimated for their therapeutic value. The book contains monographs of medicinal plants, outlining their botanical description, geographical distribution, ethnobotanical usage, chemical constituents, sample and standard preparations and methods, and pharmacological properties. With expert contributors from South Africa, Mauritius, Seychelles, Cameroon and Nigeria, and the compilation of ethnobotanical, taxonomic and pharmacologic information for each species, this book is a valuable resource for researchers, academics in pharmacology, ethnopharmacology, medicinal plant sciences, and more. Explores the therapeutic potential of a comprehensive selection of underexplored and underutilized medicinal plants in sub-Saharan Africa Provides a summary table of structures of any known natural products, including details of plant source (chapter) and observed activity (e.g. anticancer, antibacterial) Includes contributions from experts from South African, Mauritius, Seychelles, Cameroon and Nigeria

This book series gives a comprehensive overview of the adverse effects of botanical medicines. It provides introductory information on Botany, Chemistry, Pharmacology and Uses, followed by an Adverse Reaction Profile subdivided according to organ and function. The third contribution to the series gives important information about eighteen specific medicinal herbs and important plant constituents. The herbs and constituents have been selected for several reasons, such as a prominent place in phytotherapy, clinical expectations about therapeutic potential and recent concern about a serious adverse reaction. The World Health Organization Regional Office for Europe (Copenhagen) has supported the book in the form of an acknowledgement that has been prepared by this Office.

The International Pharmacopoeia contains a collection of recommended methods for analysis and quality specifications for pharmaceutical substances, excipients and products. This new edition consolidates the texts of the five separate volumes of the third edition and includes new monographs for antiretroviral substances (didanosine, indinavir sulfate, nelfinavir mesilate, nevirapine, ritonavir, saquinovir, and saquinovir mesilate) adopted by the WHO Expert Committee on Specifications for Pharmaceutical Preparations in October 2004. It includes some additions and amendments to the general notices of the Pharmacopoeia, as well as some changes to its layout and format. Volume one contains monographs for pharmaceutical substances A to O and the General Notices; and volume two contains monographs for pharmaceutical substances P to Z, together with those for dosage forms and radiopharmaceutical preparations, the methods of analysis and reagents.

This book unpacks the organized sets of practices that govern contemporary Asian medicine, from production of medications in the lab to their circulation within circuits and networks of all kinds, and examines the plurality of actors involved in such governance. Chapters analyze the process of industrialization and commercialization of Asian medicine and the ways in which the expansion of the market in Asian medicines has contributed to the inscription of products within a large system of governance, greatly dominated by global actors and the biomedical hegemony. At the same time, the contributors argue that local actors continue to play a major role in reshaping the regulations and their implementation, thus complexifying the trajectory of the remedies and their natures. Examining in particular the plurality of actors involved in governance and circulation, and the converging or conflicting logics actors follow in regard to negotiations and tensions that arise, the book brings a unique multi-layered contribution to the study of governance and circulation of Asian medicines, offering further proof of their fluidity and resilience. Filling a significant gap in the market by addressing circulation and governance of Asian medicines in Asian countries, including Bangladesh, Myanmar, and Singapore, this book will be of interest to students and scholars in the field of Asian studies, Asian culture and society, global health, Asian medicine, and medical anthropology.

Drawing on the writings of Nicholas Culpeper, the 17th-century herbalist, apothecary and astrologer, this updated, accessible introduction celebrates the holistic medical traditions of the West, and places Culpeper in his appropriate context as one of the forebears of modern holistic medicine and a prophet of the NHS. An extensive new introduction to the work comments on the latest research and developments in the area. The book traces the development of the Western holistic medical tradition from its origins in the natural philosophy of Ancient Greece to the work of Culpeper himself. It describes and explains the relationship between the four elements, the four humours and the four constitutional types: sanguine, choleric, melancholic and phlegmatic, as well as explaining the functional relationships of organs and body systems. The book explores the interconnectedness of psyche (mind) and soma (body) and includes a section on herbal medicine and therapeutics with a study of 20 common herbs, dietary suggestions and uses for culinary herbs. It also provides accessible information on astrology and the importance of the horoscope for holistic patient assessment. The book looks at the holistic approach to the preservation of health and prevention of disease, with explanations of the various disease states, their humoral medical diagnosis and treatment. An authoritative insight into the expanding world of holistic medicine, this book is an indispensable resource for medical herbalists, students of herbal medicine and all those interested in Western holistic medicine and its origins.

This beautifully illustrated, elegantly written textbook pairs the best research on the biochemical properties and physiological effects of medicinal plants with a fascinating history of their use throughout human civilization, revealing the influence of nature's pharmacopoeia on art, war, conquest, and law. By chronicling the ways in which humans have cultivated plant species, extracted their active chemical ingredients, and investigated their effects on the body over time, Nature's Pharmacopoeia also builds an unparalleled portrait of these special herbs as they transitioned from wild flora and botanical curiosities to commodities and potent drugs. The book opens with an overview of the use of medicinal plants in the traditional practices and indigenous belief systems of people in the Americas, Africa, Asia, and ancient Europe. It then connects medicinal plants to the growth of scientific medicine in the West. Subsequent chapters cover the regulation of drugs; the use of powerful plant chemicals-such as cocaine, nicotine, and caffeine-in various medical settings; and the application of biomedicine's intellectual frameworks to the manufacture of novel drugs from ancient treatments. Geared toward nonspecialists, this text fosters a deep appreciation of the complex chemistry and cultural resonance of herbal medicine, while suggesting how we may further tap the vast repositories of the world's herbal knowledge to create new pharmaceuticals.

Textbook of Natural Medicine - E-Book

This volume of the "IARC Monographs" provides an assessment of the carcinogenicity of 14 drugs and herbal products. The IARC Monographs Working Group relied mainly on epidemiological studies

to evaluate the carcinogenic hazard to humans exposed to the drugs digoxin (widely prescribed for the treatment of chronic heart failure), pioglitazone (used for the treatment of type 2 diabetes mellitus), and hydrochlorothiazide (used to treat hypertension). Other agents evaluated included the drugs primidone, sulfasalazine, pentosan polysulfate sodium, and triamterene, and five herbal products (or their components): Aloe vera whole leaf extract, goldenseal root powder, Ginkgo biloba leaf extract, kava extract, and pulegone. In view of the limited agent-specific information available from epidemiological studies, assessments of these agents relied mainly on carcinogenicity bioassays to reach conclusions as to the carcinogenic hazard to exposed humans.

Michael Moore, renowned herbalist, teacher, and author of several medicinal plant books, presents a one-of-a-kind guide to over three hundred species of plants geographically ranging from Baja California to Alaska. This uniquely attractive book educates the reader to both native and introduced species within this region. With over eighty line drawings, forty-four color photographs, maps, and a glossary, this book contains clear and reliable information on identification and safe use of the plants; appearance, habitats, collecting methods, and storage; therapeutic uses, constituents, and preparations; potential toxicities and medical contraindications; and tea-making, tincturing, and salve making.

This volume provides reviews and details of the quality, safety and efficacy for some of the top-selling botanicals worldwide, including black cohosh, chamomile, comfrey, echinacea, garlic, ginkgo, ginseng, kava, milk thistle, St John's wort and valerian. The work was written based on a systematic review of the scientific literature from 1975-2000. Each review includes a brief introduction, a section on quality including a definition of the crude drug, geographical distribution, and a listing of the major chemical constituents. The safety and efficacy sections summarize the medical uses, pharmacology, contraindications, warnings, precautions, adverse reactions, dose and dosage forms. The safety and efficacy sections were written for a busy health-care professional, and should enable one to ascertain which clinical uses are supported by clinical data, without having to read through all the pharmacology. Each chapter is fully referenced, enabling the reader to access further information when necessary.

Updated annually, the British Pharmacopoeia (BP) is the only comprehensive collection of authoritative official standards for UK pharmaceutical substances and medicinal products. It includes approximately 4,000 monographs which are legally enforced by the Human Medicines Regulations 2012. Where a BP monograph exists, medicinal products or active pharmaceutical ingredients sold or supplied in the UK must comply with the relevant monograph. All monographs and requirements of the European Pharmacopoeia (Ph. Eur.) are reproduced in the BP, making the BP a convenient and fully comprehensive set of standards that can be used across Europe and beyond.

Pharmacognosy (the science of biogenic or nature-derived pharmaceuticals and poisons) has been an established basic pharmaceutical science taught in institutions of pharmacy education for over two centuries. Over the past 20 years though it has become increasingly important given the explosion of new drugs, phytomedicines (plant medicines), nutraceuticals and dietary supplements - all of which need to be fully understood, tested and regulated. From a review of the previous edition: 'Drawing on their wealth of experience and knowledge in this field, the authors, who are without doubt among the finest minds in pharmacognosy today, provide useful and fascinating insights into the history, botany, chemistry, phytotherapy and importance of medicinal plants in some of today's healthcare systems. This is a landmark textbook, which carefully brings together relevant data from numerous sources and provides, in an authoritative and exhaustive manner, cutting-edge information that is relevant to pharmacists, pharmacognocists, complementary practitioners, doctors and nurses alike.' The Pharmaceutical Journal 'This is an excellent text book which provides fascinating insights into the world of pharmacognosy and the authors masterfully integrated elements of orthodox pharmacognosy and phytotherapy. Both the science student and the non-scientific person interested in phytotherapy will greatly benefit from reading this publication. It is comprehensive, easy to follow and after having read this book, one is so much more aware of the uniqueness of phytomedicines. A must read for any healthcare practitioner.' Covers the history, biology and chemistry of plant-based medicines Covers pharmaceutical and nutraceuticals derived from plants Covers the role of medicinal plants in worldwide healthcare systems Examines the therapeutics and evidence of plant-based medicines by body system Sections on regulatory information expanded New evidence updates throughout New material covering non-medical supplements Therapeutics updated throughout Now on StudentConsult

The Western Herbal Tradition provides a comprehensive and critical exploration of the use of plant medicines through 2000 years of history from Dioscorides to the present day. It follows each of the 27 herbs through a wide range of key sources from European, Arabic and American traditions including Greek, Roman and Renaissance texts. A rich discussion of the historical texts is balanced with current application and research. The herbs have been selected on the basis of common use by practising herbalists. Each illustrated monograph contains: Species, identification and botanical description A study of the characterisation and medicinal use of the plants consistently drawn from featured herbals which includes the authors' own translations from the Latin Assessment of past and current texts in the transmission of herbal knowledge Consideration of traditional therapeutics, including humoral and physiomedical approaches Suggestions towards a modern experiential approach through Goethean methodology Current evidence on pharmacological constituents Review of evidence on safety Recommendations for internal and external uses, prescribing and dosage Excellent illustrations accompany each monograph to aid learning First book to cover broader historical perspective and discussions of issues surrounding each herb Written by leading experts who are well known in the field Includes some monographs of which there is little material already available The bibliographic evidence provided could support applications for registration of Herbal Medicinal Products under the provisions of the Traditional Herbal Medicinal Product Directive An excellent valuable resource for everyone interested in herbal medicine

Plants from the genera *Urtica*, often better known as the stinging nettle, can be distinguished by their stinging hairs, and in some species, their serrated leaf edges. Historical records of the various uses of *Urtica* date back to at least the Bronze Age (3000-2000 BC). Nettles have traditionally been used as a nutritious food source particularly in

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Winner of the James A. Duke Award for Excellence in Botanical Literature Award from the American Botanical Council. Compiled by the American Herbal Pharmacopoeia, this volume addresses the lack of authoritative microscopic descriptions of those medicinal plant species currently in trade. It includes an atlas providing detailed text and graphic descriptions.

The African Herbal Pharmacopoeia (AfrHP) provides comprehensive, up to date botanical, commercial and phytochemical information on over fifty of the most important African medicinal plants. The technical data were made on plant samples sourced from across the continent. These monographs prepared by leading African scientists, have been reviewed by international experts. Additional data includes micro morphology of the plant material, distribution maps and TLC Chromatograms. These data are crucial for producers, collectors and traders in medicinal plants and extracts as well as researchers, manufacturers and practitioners. The scope, quality and standard of these herbal monographs are comparable to those prepared in Europe, North America and Asia. Whilst this is the very first edition, it is being proposed to proceed to a second edition, quickly, as more plant species will be covered.

The authoritative and comprehensive modern textbook on western herbal medicine - now in its second edition This long-awaited second edition of Principles and Practice of Phytotherapy covers all major aspects of herbal medicine from fundamental concepts, traditional use and scientific research through to safety, effective dosage and clinical applications. Written by herbal practitioners with active experience in clinical practice, education, manufacturing and research, the textbook is both practical and evidence based. The focus, always, is on the importance of tailoring the treatment to the individual case. New insights are given into the herbal management of approximately 100 modern ailments, including some of the most challenging medical conditions, such as asthma, inflammatory bowel disease and other complex autoimmune and inflammatory conditions, and there is vibrant discussion around the contribution of phytotherapy in general to modern health issues, including health ageing. Fully referenced throughout, with more than 10,000 citations, the book is a core resource for students and practitioners of phytotherapy and naturopathy and will be of value to all healthcare professionals - pharmacists, doctors, nurses - with an interest in herbal therapeutics. 50 evidence-based monographs, including 7 new herbs Rational guidance to phytotherapeutic strategies in the consulting room New appendices provide useful information on topics such as herbal actions, dosage in children and reading and interpreting herbal clinical trials Comprehensive revision of vital safety data, including an extensive herb-drug interaction chart. 50 evidence-based monographs, including 7 new herbs Rational guidance to phytotherapeutic strategies in the consulting room New appendices provide useful information on topics such as herbal actions, dosage in children and reading and interpreting herbal clinical trials Comprehensive revision of vital safety data, including an extensive herb-drug interaction chart.

The latest research on the health benefits and optimal processing technologies of herbs and spices This book provides a comprehensive overview of the health benefits, analytical techniques used, and effects of processing upon the physicochemical properties of herbs and spices. Presented in three parts, it opens with a section on the technological and health benefits of herbs and spices. The second part reviews the effect of classical and novel processing techniques on the properties of herbs/spices. The third section examines extraction techniques and analytical methodologies used for herbs and spices. Filled with contributions from experts in academia and industry, Herbs, Spices and Medicinal Plants: Processing, Health Benefits and Safety offers chapters covering thermal and non-thermal processing of herbs and spices, recent developments in high-quality drying of herbs and spices, conventional and novel techniques for extracting bioactive compounds from herbs and spices, and approaches to analytical techniques. It also examines purification and isolation techniques for enriching bioactive phytochemicals, medicinal properties of herbs and spices, synergy in whole-plant medicine, potential applications of polyphenols from herbs and spices in dairy products, biotic and abiotic safety concerns, and adverse human health effects and regulation of metal contaminants in terrestrial plant-derived food and phytopharmaceuticals. Covers the emerging health benefits of herbs and spices, including their use as anti-diabetics, anti-inflammatories, and anti-oxidants Reviews the effect of classical and novel processing techniques on the properties of herbs and spices Features informed perspectives from noted academics and professionals in the industry Part of Wiley's new IFST Advances in Food Science series Herbs, Spices and Medicinal Plants is an important book for companies, research institutions, and universities active in the areas of food processing and the agri-food environment. It will appeal to food scientists and engineers, environmentalists, and food regulatory agencies.

Winner of American Botanical Council's 2005 James A. Duke Botanical Literature Award, the Essential Guide to Herbal Safety offers a balanced and objective perspective on the principles of herbal medicine safety as well as the complex challenges relating to self-prescribed or professionally prescribed herbal medications and supplements. With contributions from leading international practitioners and authorities, it contains comprehensive reviews, in monograph format, of the published safety data for 125 common herbs. You'll also find coverage of issues of quality, interactions, adverse reactions, toxicity, allergy, contact sensitivity, and idiosyncratic reactions. Provides the most current information on safety issues in herbal medicine. Presents authoritative and credible safety information from two experienced herbal practitioners. Combines theoretical chapters with 125 well-researched monographs, making it the most thorough and comprehensive text on the market for herbal safety in practice. Provides clear information using the most current evidence-based reviews, covering factors that influence herb safety, including the negative placebo effects (nocebo), various types of unpredictable effects, the basis for interactions between herbs and drugs, and quality issues. Uses an established grading system for assessing safety in pregnancy and lactation that is realistic and appropriate to herb use. Thoroughly critiques the dominant misinformation in the media and medical journals on herb safety issues. Contains 83 documented case studies on hepatotoxicity and the effects in relation to kava. Kava safety is a hot topic. Includes two useful appendices detailing herbal references for pregnancy and lactation considerations.

This clinical guide and practical reference is ideal for those who use and combine liquid herbal remedies for the individual needs of the patient. With three introductory chapters, 125 monographs, and various glossaries and appendices, it covers the fundamental concepts of using liquid herbals, including how the remedies are made, quality issues, and dosage guidelines. The monographs include full prescribing information that covers actions, indications, contraindications, warnings and precautions,

interactions, side effects, dosage, traditional usage, pharmacological research, clinical studies, and full references. Focuses solely on liquid herbal preparations — making it a must-have resource and the only book of its kind. Covers approximately 125 herb profiles in detail. Offers the widest range of research-backed information currently available on herbs. Begins with basic principles to give practitioners confidence in the accuracy and precision of their prescriptions. Written by one of the leading names in herbal medicine. Clinically relevant with quick access to dosage information, contraindications, and more.

This full-color reference offers practical, evidence-based guidance on using more than 120 medicinal plants, including how to formulate herbal remedies to treat common disease conditions. A body-systems based review explores herbal medicine in context, offering information on toxicology, drug interactions, quality control, and other key topics. More than 120 herbal monographs provide quick access to information on the historical use of the herb in humans and animals, supporting studies, and dosing information. Includes special dosing, pharmacokinetics, and regulatory considerations when using herbs for horses and farm animals. Expanded pharmacology and toxicology chapters provide thorough information on the chemical basis of herbal medicine. Explores the evolutionary relationship between plants and mammals, which is the basis for understanding the unique physiologic effects of herbs. Includes a body systems review of herbal remedies for common disease conditions in both large and small animals. Discusses special considerations for the scientific research of herbs, including complex and individualized interventions that may require special design and nontraditional outcome goals.

This first book in the new Foundations in Global Studies series offers a fresh, comprehensive, multidisciplinary introduction to South Asia. The variations in social, cultural, economic, and political life in this diverse and complex region are explored within the context of the globalising forces affecting all regions of the world. In a simple strategy that all books in the series employ, the volume begins with foundational material (including chapters on history, language, and, in the case of South Asia, religion), moves to a discussion of globalisation, and then focuses the investigation more specifically through the use of case studies. The cases expose the student to various disciplinary lenses that are important in understanding the region and are meant to bring the region to life through subjects of high interest and significance to today's readers. Resource boxes, an important feature of the book, are included to maintain currency and add utility. They offer links that point readers to a rich archive of additional material, connections to timely data, reports on recent events, official sites, local and country-based media, visual material, and so forth. A website developed by Syracuse University's South Asia Center will feature additional graphic, narrative, and case study material to complement the book.

This is the second volume in a series of monographs which are intended to promote information exchange and international harmonised standards for the quality control and use of herbal medicines. It contains scientific information on 30 selected plants, and each entry includes a pharmacopoeial summary for quality assurance purposes, information on its clinical application and sections on contraindications, pharmacology, safety issues, and dosage forms. It provides two cumulative indexes with entries in alphabetical order by plant name and according to the plant material of interest.

If you don't believe the 80% of the world's population who depend on herbal remedies to treat common ailments, there is now a wealth of scientific research to substantiate the claims. If used properly, herbal medicine is powerful, effective and simple. THE HEALING POWER OF HERBS draws on scientific research to corroborate what many have known for years: herbs are the key to a longer, more healthful life. Inside you will find a directory to 37 common medicinal plants along with recommendations for treating 34 common health problems. Discover: • How licorice can be used to heal canker sores • How ginkgo bilobac can be used to delay the effects of Alzheimer's disease • How garlic can be used to improve cholesterol levels • How green tea can be used to help prevent cancer • How bromelain can be used to heal athletic injuries

The Western Herbal Tradition is a comprehensive exploration of 27 plants that are central to the herbalist's repertoire. This fully illustrated colour guide offers analysis of these herbs through the examination of historical texts and discussion of current applications and research. Your practice of phytotherapy will be transformed as the herbal knowledge from these sources is illuminated and assessed. Each chapter offers clear information on identification, uses and recipes, as well as recommendations on safety, prescribing, dosage and full academic references. The Western Herbal Tradition reveals a deep understanding of the true essence of what each plant can offer, as well as a fascinating insight into the unique history of contemporary herbal practice. This book is a valuable resource for everyone interested in herbal medicine and its history.

Written specifically for the conventional medical healthcare provider, Medicinal Herbs in Primary Care forms an integral part of the primary care tool belt. Through a series of system-based disease tables, this unique title provides quick, authoritative guidance for the busy practitioner whose patient is requesting guidance on medicinal herbs. The disease tables are supported by herbal monographs that provide expanded details of the available preclinical and clinical evidence laid out in a system-based sequence. Together with the section on herbal basics, this practical reference contains the information today's medical healthcare providers need to develop familiarity with and confidence in the prescription of medicinal herbs. Provides quick answers and evidence-based prescribing guidance for medicinal herbs while also addressing complexities and co-morbidities in patient care. Features 48 system-based disease tables that identify herbs based on strength of evidence and indicate the scope of potential benefits for other conditions the patient may have. Includes 55 monographs for the most common medicinal herbs, with safety and precaution guidelines, summaries of preclinical and clinical trials, chemical constituents and actions, and prescription options for each. Contains an introductory section on the basics of medicinal herbs that dispels common misconceptions regarding herbal medicine. Discusses key topics such as herb-drug interactions, and includes information on SARS-COV-2 where appropriate. Uses typical medical abbreviations throughout for ease of use, and provides a glossary of terms for non-medical and alternative health care providers. Helps conventional medical practitioners partner with patients to determine safe herbal options when appropriate, and ensure safety and efficacy of herbal use.

Provides an invaluable reference text for all healthcare professionals who require evidence-based information on the interactions of conventional medicines with herbal medicines, dietary supplements and nutraceuticals. Stockley's Herbal Medicines Interactions is a unique collaboration between a team of experts in the fields of drug interaction, clinical herbal medicines, phytopharmacovigilance and regulation of herbal medicinal products. Stockley's Herbal Medicines Interactions brings together available data on over 150 of the most commonly used herbal medicines dietary supplements and nutraceuticals in highly structured, rigorously researched and fully referenced monographs.

Presents a comprehensive, full illustrated reference on the fifty most commonly prescribed herbal remedies, furnishing a detailed description of each herb, as well as information on potential side effects, drug interactions, and therapeutic uses, covering such herbs as Goldenseal, Burdock, Tumeric, Evening Primrose, and Aloe Vera, among others. Simultaneous.

Volume 2 of the fullest, most exact, most useful compilation of herbal material. Gigantic alphabetical

encyclopedia, from aconite to zedoary, gives botanical information, medical properties, folklore, economic uses, much else. Indispensable to serious reader. Total in set: 161 illustrations.

A physician's reference to medical botanicals.

The USP-NF is a combination of two compendia, the United States Pharmacopeia (USP) and the National Formulary (NF). It contains standards for medicines, dosage forms, drug substances, excipients, biologics, compounded preparations, medical devices, dietary supplements, and other therapeutics. The current version of USP-NF standards deemed official by USP are enforceable by the U.S. Food and Drug Administration for medicines manufactured and marketed in the United States.

Valerian, is an up-to-date treatment of all aspects of this very important genus of plants, used in the

traditional medicine of many parts of the world, particularly as a sedative. It includes material written by experts dealing with a variety of aspects including the ethnobotany, chemistry, pharmacology, cultivation, analysis and commercial aspects of Valeriana. This book will be of interest to all those concerned with the study and use of medicinal and aromatic plants and provides a comprehensive and contemporary overview of the status of this particular genus.

Echinacea provides both a contemporary and historical view of this important herb and its healing properties. Known as a non-specific stimulant to the immune system, it was highly valued in Native American medicine and was used more frequently than any other plant. Today, research shows clear scientific reasons for its effectiveness.