

Get Free A Short History Of Drunkenness

Yeah, reviewing a book **A Short History Of Drunkenness** could amass your near contacts listings. This is just one of the solutions for you to be successful. As understood, talent does not recommend that you have astonishing points.

Comprehending as skillfully as deal even more than extra will have the funds for each success. next to, the statement as capably as keenness of this A Short History Of Drunkenness can be taken as well as picked to act.

338 - DENISSE LILLIANNA

From Mark Forsyth, the author of the #1 international bestseller, *The Etymologicon*, comes a book of weird words for familiar situations. *The Horologicon* (or book of hours) contains the most extraordinary words in the English language, arranged according to what hour of the day you might need them. Do you wake up feeling rough? Then you're philogrobolized. Find yourself pretending to work? That's fudgelling. And this could lead to rizzling, if you feel sleepy after lunch. Though you are sure to become a sparkling deipnosopbist by dinner. Just don't get too vinomadefied; a drunk dinner companion is never appreciated. From ante-jentacular to snudge by way of quafftide and wamblecropt, at last you can say, with utter accuracy, exactly what you mean.

Almost every culture on earth has drink, and where there's drink there's drunkenness. But in every age and in every place drunkenness is a little bit different. It can be religious, it can be sexual, it can be the duty of kings or the relief of peasants. It can be an offering to the ancestors, or a way of marking the end of a day's work. It can send you to sleep, or send you into battle. *A Short History of Drunkenness* traces humankind's love affair with booze from our primate ancestors through to Prohibition, answering every possible question along the way: What did people drink? How much? Who did the drinking? Of the many possible reasons, why? On the way, learn about the Neolithic Shamans, who drank to communicate with the spirit world (no pun intended), marvel at how Greeks got giddy and Romans got rat-arsed, and find out how bars in the Wild West were never quite like in the movies. This is a history of the world at its inebriated best.

"Engaging" stories of what the Motor City was like before the invention of the motor, with photos and illustrations (*Detroit Metro--Times*). Long before it became the twentieth-century automotive

capital, Detroit was a muddy port town full of grog shops, horse races, haphazard cemeteries, and enterprising bootstrappers from all over the world. In this lively book you'll discover the city's forgotten history and meet a variety of unforgettable characters—the argumentative French fugitive who founded the city; the tobacco magnate who haunts his shuttered factory; the gambler prankster millionaire who built a monument to himself; the governor who brought his scholarly library with him on canoe expeditions; and the historians who helped create the story of Detroit as we know it: one of the oldest, rowdiest, and most enigmatic cities in the Midwest.

A Short History of the World is a period-piece non-fictional historic work. The book was largely inspired by Wells's earlier 1919 work *The Outline of History*. It summarises the scientific knowledge of the time regarding the history of Earth and life and begins with its origins, goes on to explain the development of the Earth and life on Earth, reaching primitive thought and the development of humankind from the Cradle of Civilisation.

From the internationally bestselling author of *The Etymologicon*, a lively and fascinating exploration of how, throughout history, each civilization has found a way to celebrate, or to control, the eternal human drive to get sloshed "An entertaining bar hop though the past 10,000 years."—*The New York Times Book Review* Almost every culture on earth has drink, and where there's drink there's drunkenness. But in every age and in every place drunkenness is a little bit different. It can be religious, it can be sexual, it can be the duty of kings or the relief of peasants. It can be an offering to the ancestors, or a way of marking the end of a day's work. It can send you to sleep, or send you into battle. Making stops all over the world, *A Short History of Drunkenness* traces humankind's love affair with booze from our primate ancestors through to the twentieth century, answering every possible question along the

way: What did people drink? How much? Who did the drinking? Of the many possible reasons, why? On the way, learn about the Neolithic Shamans, who drank to communicate with the spirit world (no pun intended), marvel at how Greeks got giddy and Sumerians got sauced, and find out how bars in the Wild West were never quite like in the movies. This is a history of the world at its inebriated best.

144 proof, notoriously addictive, and the drug of choice for 19th century poets, absinthe is gaining bootleg popularity after almost a century of being banned. Barnaby Conrad looks at the social history, fact and trivia of this drug.

The unpredictable origins and etymologies of our cracking Christmas customs For something that happens every year of our lives, we really don't know much about Christmas. We don't know that the date we celebrate was chosen by a madman, or that Christmas, etymologically speaking, means "Go away, Christ". Nor do we know that Christmas was first celebrated in 243 AD on March 28th - and only moved to 25th December in 354 AD. We're oblivious to the fact that the advent calendar was actually invented by a Munich housewife to stop her children pestering her for a Christmas countdown. And we would never have guessed that the invention of crackers was merely a way of popularising sweet wrappers. Luckily, like a gift from Santa himself, Mark Forsyth is here to unwrap this fundamentally funny gallimaufry of traditions and oddities, making it all finally make sense - in his wonderfully entertaining wordy way.

Now in a special gift edition, and featuring a brand new foreword by Anthony Gottlieb, this is a dazzlingly unique exploration of the works of significant philosophers throughout the ages and a definitive must-have title that deserves a revered place on every bookshelf.

An "entertaining and enlightening" deep dive into the alcohol--

soaked origins of civilization—and the evolutionary roots of humanity's appetite for intoxication (Daniel E. Lieberman, author of *Exercised*). While plenty of entertaining books have been written about the history of alcohol and other intoxicants, none have offered a comprehensive, convincing answer to the basic question of why humans want to get high in the first place. *Drunk* elegantly cuts through the tangle of urban legends and anecdotal impressions that surround our notions of intoxication to provide the first rigorous, scientifically-grounded explanation for our love of alcohol. Drawing on evidence from archaeology, history, cognitive neuroscience, psychopharmacology, social psychology, literature, and genetics, *Drunk* shows that our taste for chemical intoxicants is not an evolutionary mistake, as we are so often told. In fact, intoxication helps solve a number of distinctively human challenges: enhancing creativity, alleviating stress, building trust, and pulling off the miracle of getting fiercely tribal primates to cooperate with strangers. Our desire to get drunk, along with the individual and social benefits provided by drunkenness, played a crucial role in sparking the rise of the first large-scale societies. We would not have civilization without intoxication. From marauding Vikings and bacchanalian orgies to sex-starved fruit flies, blind cave fish, and problem-solving crows, *Drunk* is packed with fascinating case studies and engaging science, as well as practical takeaways for individuals and communities. The result is a captivating and long overdue investigation into humanity's oldest indulgence—one that explains not only why we want to get drunk, but also how it might actually be good for us to tie one on now and then.

A vividly written account of how drugs have shaped the history of warfare, based on prodigious research

In *A Short History of the United States*, National Book Award winner Robert V. Remini offers a much-needed, concise history of our country. This accessible and lively volume contains the essential facts about the discovery, settlement, growth, and development of the American nation and its institutions, including the arrival and migration of Native Americans, the founding of a republic under the Constitution, the emergence of the United States as a world power, the outbreak of terrorism here and abroad, the Obama presidency, and everything in between.

From the editors of *domino* magazine comes your essential guide to discovering your personal style and creating a space you love. Since launching in 2005, *domino* has attracted a fiercely loyal fol-

lowing, which looks to the brand as the definitive source for decorating and style. The brand's first book, *domino: The Book of Decorating*, was an immediate bestseller upon its release and has established itself as the quintessential guide to demystifying interior design. *domino: Your Guide to a Stylish Home* builds on the first book with a more detailed and modern perspective on how to personalize, style, and create a home you love. In a time when the flood of decorating advice and inspiration online can feel overwhelming, *domino: Your Guide to a Stylish Home* provides a trusted filter, using the friendly and authoritative voice of *domino* to teach readers about attainable, stylish design and how to make it uniquely your own. *domino: Your Guide to a Stylish Home* will help readers to: -Identify your personal decorating style -Find inspiration from hundreds of beautiful, inspiring photos of real homes -Style the major and minor components of your home—from textiles to table settings to art -Shop for quality pieces that will stand the test of time -Learn from *domino* editors and tastemakers about how to style magazine-quality looks in their own spaces *domino: Your Guide to a Stylish Home* takes a detailed approach to the specifics of making a space your own—the key pieces, accessories, colors, patterns, objects, decorative treatments, lighting, and art that personalize a space and truly make it a unique and stylish home. It aims to help readers achieve *domino*'s number one goal: creating a space you love.

Bestselling author Sherman Alexie tells the story of Junior, a budding cartoonist growing up on the Spokane Indian Reservation. Determined to take his future into his own hands, Junior leaves his troubled school on the rez to attend an all-white farm town high school where the only other Indian is the school mascot. Heart-breaking, funny, and beautifully written, *The Absolutely True Diary of a Part-Time Indian*, which is based on the author's own experiences, coupled with poignant drawings by Ellen Forney that reflect the character's art, chronicles the contemporary adolescence of one Native American boy as he attempts to break away from the life he was destined to live. With a forward by Markus Zusak, interviews with Sherman Alexie and Ellen Forney, and four-color interior art throughout, this edition is perfect for fans and collectors alike.

The long-awaited sequel to *THE UNEXPECTED JOY OF BEING SOBER* - the Sunday Times bestseller 'Exquisite' - Fearne Cotton, *Happy Place* 'A paean to the longer-term pleasures of staying

booze-free' - The Guardian 'The kind of book that changes lives, and very possibly saves them' - The Lancet Psychiatry 'A reflective, raw and riveting read. A beautiful book on what it takes to root for yourself' - Emma Gannon, *Ctrl Alt Delete* 'No other author writes about sober living with as much warmth or emotional range as Catherine Gray. Her deep insight into the subtle psychologies of drinking, and of life, means that everything she writes is both utterly relatable and stretches our minds. Hers is a rare wisdom.' - Dr Richard Piper, CEO, Alcohol Change UK 'What's it like to give up drinking forever? We know now that being teetotal for one, three, even twelve months brings surprising joys and a recharged body... but nothing has been written about going years deep into being alcohol-free. As Catherine Gray, author of runaway bestseller *The Unexpected Joy of Being Sober*, streaks towards a decade sober, she explores this uncharted territory in her trademark funny, disruptive and warm way. This is a must-read for anyone sober-curious, whether they've put down the bottle yet or not. Praise for *The Unexpected Joy of Being Sober*: 'Fascinating' - Bryony Gordon 'Truthful, modern and real' - Stylist 'Brave, witty and brilliantly written' - Marie Claire 'Gray's tale of going sober is uplifting and inspiring' - Evening Standard 'Not remotely preachy' - Sunday Times 'Jaunty, shrewd and convincing' - Sunday Telegraph 'Admirably honest, light, bubbly and remarkably rarely annoying' - Guardian 'An empathetic, warm and hilarious tale from a hugely likeable human' - The Lancet Psychiatry

A spirited look at the history of alcohol, from the dawn of civilization to the modern day Alcohol is a fundamental part of Western culture. We have been drinking as long as we have been human, and for better or worse, alcohol has shaped our civilization. *Drink* investigates the history of this Jekyll and Hyde of fluids, tracing mankind's love/hate relationship with alcohol from ancient Egypt to the present day. *Drink* further documents the contribution of alcohol to the birth and growth of the United States, taking in the War of Independence, the Pennsylvania Whiskey revolt, the slave trade, and the failed experiment of national Prohibition. Finally, it provides a history of the world's most famous drinks—and the world's most famous drinkers. Packed with trivia and colorful characters, *Drink* amounts to an intoxicating history of the world.

Written by international leaders in the field of alcoholism, this book provides an interdisciplinary source of information on alcoholism that links together science, policy, and public health in or-

der to emphasise the importance of scientific knowledge with deciding public health policy.

A NEW YORK TIMES BESTSELLER For Sarah Hepola, alcohol was "the gasoline of all adventure." She spent her evenings at cocktail parties and dark bars where she proudly stayed till last call. Drinking felt like freedom, part of her birthright as a strong, enlightened twenty-first-century woman. But there was a price. She often blacked out, waking up with a blank space where four hours should be. Mornings became detective work on her own life. What did I say last night? How did I meet that guy? She apologized for things she couldn't remember doing, as though she were cleaning up after an evil twin. Publicly, she covered her shame with self-deprecating jokes, and her career flourished, but as the blackouts accumulated, she could no longer avoid a sinking truth. The fuel she thought she needed was draining her spirit instead. A memoir of unblinking honesty and poignant, laugh-out-loud humor, **BLACKOUT** is the story of a woman stumbling into a new kind of adventure--the sober life she never wanted. Shining a light into her blackouts, she discovers the person she buried, as well as the confidence, intimacy, and creativity she once believed came only from a bottle. Her tale will resonate with anyone who has been forced to reinvent or struggled in the face of necessary change. It's about giving up the thing you cherish most--but getting yourself back in return. ***Includes Reading Group Guide***

A heart-warming, thoroughly entertaining novel about a whole community. Kerry Macfarlane has run away from his wedding-that-wasn't. He lands in coastal Gabriel's Bay, billed as 'a well-appointed small town' on its website (last updated two decades ago). Here Kerry hopes to prove he's not a complete failure. Or, at least, to give his most convincing impression. But Gabriel's Bay has its own problems - low employment, no tourists, and a daunting hill road between it and civilisation. And Kerry must also run the gauntlet of its inhabitants: Sidney, single mother deserted by a feckless ex; Mac, the straight-shooting doctor's receptionist; a team of unruly nine-year-olds; a giant restaurateur; and the local progressive association, who'll debate apostrophe placement until the crack of doom. Can Kerry win their respect, and perhaps even love? Will his brilliant plan to transform the town's fortunes earn him a lasting welcome in Gabriel's Bay?

Mark Forsyth - author of the Sunday Times Number One best-seller *The Etymologicon* - reveals in this essay, specially commis-

sioned for Independent Booksellers Week, the most valuable thing about a really good bookshop. Along the way he considers the wisdom of Donald Rumsfeld, naughty French photographs, why Elizabeth Bennet and Mr Darcy would never have met online, and why only a bookshop can give you that precious thing - what you never knew you were looking for.

An indispensable atlas of the best cocktail recipes—each fully photographed—for classic and modern drinks, whether shaken, stirred, up, or on the rocks. How do you create the perfect daiquiri? In what type of glass should you serve a whiskey sour? What exactly is an aperitif cocktail? A compendium for both home and professional bartenders, *The Essential Cocktail Book* answers all of these questions and more—through recipes, lore and techniques for 150 drinks, both modern and classic.

In *DRINKING IN AMERICA*, bestselling author Susan Cheever chronicles our national love affair with liquor, taking a long, thoughtful look at the way alcohol has changed our nation's history. This is the often-overlooked story of how alcohol has shaped American events and the American character from the seventeenth to the twentieth century. Seen through the lens of alcoholism, American history takes on a vibrancy and a tragedy missing from many earlier accounts. From the drunkenness of the Pilgrims to Prohibition hijinks, drinking has always been a cherished American custom: a way to celebrate and a way to grieve and a way to take the edge off. At many pivotal points in our history—the illegal Mayflower landing at Cape Cod, the enslavement of African Americans, the McCarthy witch hunts, and the Kennedy assassination, to name only a few—alcohol has acted as a catalyst. Some nations drink more than we do, some drink less, but no other nation has been the drunkest in the world as America was in the 1830s only to outlaw drinking entirely a hundred years later. Both a lively history and an unflinching cultural investigation, *DRINKING IN AMERICA* unveils the volatile ambivalence within one nation's tumultuous affair with alcohol.

In this updated version of his landmark study on alcoholism, George Vaillant returns to the same subjects, but with the perspective gained from fifteen years of further follow-up.

A salty story of friendship, adventure, and the explosive life that teems beneath the ocean The Lofoten archipelago, just North of the Arctic Circle, is a place of unsurpassed beauty—the skyline spikes with dramatic peaks; the radiant greens and purples of the

Northern Lights follow summers where the sun never sets. It's a place of small villages, where the art of fishing, though evolving, is still practiced in traditional ways. Beneath the great depths surrounding these islands lurks the infamous Greenland shark. At twenty-four feet in length and weighing more than a ton, it is truly a beast to behold. But the shark is not known just for its size: Its meat contains a toxin that, when consumed, has been known to make people drunk and hallucinatory. *Shark Drunk* is the true story of two friends, the author and the eccentric artist Hugo Aasjord, as they embark on a wild pursuit of the famed creature—all from a tiny rubber boat. Together they tackle existential questions and encounter the world's most powerful maelstrom as they attempt to understand the ocean from every possible angle, drawing on poetry, science, history, ecology, mythology, and their own—sometimes intoxicated—observations, meanwhile pursuing the elusive Greenland shark. By turns thrilling, wise, and hilarious, *Shark Drunk* is a celebration of adventure, marine life, and, above all, friendship. Winner of the Norwegian Brage Prize 2015 Winner of the Norwegian Critics' Prize for Literature 2015 Winner of the Norwegian Reine Ord Prize at Lofoten International Literature Festival 2016

In this fascinating history of alcohol in postwar American culture, Lori Rotskoff draws on short stories, advertisements, medical writings, and Hollywood films to investigate how gender norms and ideologies of marriage intersected with scientific and popular ideas about drinking and alcoholism. After the repeal of Prohibition in 1933, recreational drinking became increasingly accepted among white, suburban, middle-class men and women. But excessive or habitual drinking plagued many families. How did people view the "problem drinkers" in their midst? How did husbands and wives learn to cope within an "alcoholic marriage"? And how was drinking linked to broader social concerns during the Great Depression, World War II, and the Cold War era? By the 1950s, Rotskoff explains, mental health experts, movie producers, and members of self-help groups like Alcoholics Anonymous and Al-Anon helped bring about a shift in the public perception of alcoholism from "sin" to "sickness." Yet alcoholism was also viewed as a family problem that expressed gender-role failure for both women and men. On the silver screen (in movies such as *The Lost Weekend* and *The Best Years of Our Lives*) and on the printed page (in stories by such writers as John Cheever), in hospitals and at Twelve

Step meetings, chronic drunkenness became one of the most pressing public health issues of the day. Shedding new light on the history of gender, marriage, and family life from the 1920s through the 1960s, this innovative book also opens new perspectives on the history of leisure and class affiliation, attitudes toward consumerism and addiction, and the development of a therapeutic culture.

"At last, a definitive guide to the medicinal origins of every bottle behind the bar! This is the cocktail book of the year, if not the decade." —Amy Stewart, author of *The Drunken Botanist* and *Wicked Plants* "A fascinating book that makes a brilliant historical case for what I've been saying all along: alcohol is good for you...okay maybe it's not technically good for you, but [English] shows that through most of human history, it's sure beat the heck out of water." —Alton Brown, creator of *Good Eats* Beer-based wound care, deworming with wine, whiskey for snakebites, and medicinal mixers to defeat malaria, scurvy, and plague: how today's tipples were the tonics of old. Alcohol and Medicine have an inextricably intertwined history, with innovations in each altering the path of the other. The story stretches back to ancient times, when beer and wine were used to provide nutrition and hydration, and were employed as solvents for healing botanicals. Over time, alchemists distilled elixirs designed to cure all diseases, monastic apothecaries developed mystical botanical liqueurs, traveling physicians concocted dubious intoxicating nostrums, and the drinks we're familiar with today began to take form. In turn, scientists studied fermentation and formed the germ theory of disease, and developed an understanding of elemental gases and anesthetics. Modern cocktails like the Old-Fashioned, Gimlet, and Gin and Tonic were born as delicious remedies for diseases and discomforts. In *Doctors and Distillers*, cocktails and spirits expert Camper English reveals how and why the contents of our medicine and liquor cabinets were, until surprisingly recently, one and the same.

Alcohol use by young people is extremely dangerous - both to themselves and society at large. Underage alcohol use is associated with traffic fatalities, violence, unsafe sex, suicide, educational failure, and other problem behaviors that diminish the prospects of future success, as well as health risks — and the earlier teens start drinking, the greater the danger. Despite these serious concerns, the media continues to make drinking look attractive to

youth, and it remains possible and even easy for teenagers to get access to alcohol. Why is this dangerous behavior so pervasive? What can be done to prevent it? What will work and who is responsible for making sure it happens? *Reducing Underage Drinking* addresses these questions and proposes a new way to combat underage alcohol use. It explores the ways in which may different individuals and groups contribute to the problem and how they can be enlisted to prevent it. *Reducing Underage Drinking* will serve as both a game plan and a call to arms for anyone with an investment in youth health and safety.

FROM THE AUTHOR OF THE SUNDAY TIMES NUMBER ONE BESTSELLER *THE ETYMOLOGICON*. 'An informative but highly entertaining journey through the figures of rhetoric ... Mark Forsyth wears his considerable knowledge lightly. He also writes beautifully.' David Marsh, *Guardian*. Mark Forsyth presents the secret of writing unforgettable phrases, uncovering the techniques that have made immortal such lines as 'To be or not to be' and 'Bond. James Bond.' In his inimitably entertaining and witty style, he takes apart famous quotations and shows how you too can write like Shakespeare, Oscar Wilde or John Lennon. Crammed with tricks to make the most humdrum sentiments seem poetic or wise, *The Elements of Eloquence* reveals how writers through the ages have turned humble words into literary gold - and how you can do the same.

This perfect gift for readers, writers, and literature majors alike unearths the quirks of the English language. For example, do you know why a mortgage is literally a "death pledge"? Why guns have girls' names? Why "salt" is related to "soldier"? Discover the answers to all of these etymological questions and more in this fascinating book for fans of *Eats, Shoots & Leaves*. *The Etymologicon* is a completely unauthorized guide to the strange underpinnings of the English language. It explains how you get from "gruntled" to "disgruntled"; why you are absolutely right to believe that your meager salary barely covers "money for salt"; how the biggest chain of coffee shops in the world connects to whaling in Nantucket; and what, precisely, the Rolling Stones have to do with gardening. This witty book will awake the linguist in you and illuminate the hidden meanings behind common words and phrases, tracing their evolution through all of their surprising paths throughout history.

With formidable scholarship and considerable dry wit, William

Pokhlebkin, one of Russia's best-known historians sets out on the detective trail. His aim: to reveal the strange truth about his country's most famous tipple. The result is a triumph of historical deduction.

INSTANT NEW YORK TIMES BESTSELLER "An astounding triumph . . . Profound . . . Achingly wise . . . A recovery memoir like no other." --Entertainment Weekly (A) "Riveting . . . Beautifully told." --Boston Globe "An honest and important book . . . Vivid writing and required reading." --Stephen King "Perceptive and generous-hearted . . . Uncompromising . . . Jamison is a writer of exacting grace." --Washington Post From the New York Times bestselling author of *The Empathy Exams* comes this transformative work showing that sometimes the recovery is more gripping than the addiction. With its deeply personal and seamless blend of memoir, cultural history, literary criticism, and reportage, *The Recovering* turns our understanding of the traditional addiction narrative on its head, demonstrating that the story of recovery can be every bit as electrifying as the train wreck itself. Leslie Jamison deftly excavates the stories we tell about addiction--both her own and others'--and examines what we want these stories to do and what happens when they fail us. All the while, she offers a fascinating look at the larger history of the recovery movement, and at the complicated bearing that race and class have on our understanding of who is criminal and who is ill. At the heart of the book is Jamison's ongoing conversation with literary and artistic geniuses whose lives and works were shaped by alcoholism and substance dependence, including John Berryman, Jean Rhys, Billie Holiday, Raymond Carver, Denis Johnson, and David Foster Wallace, as well as brilliant lesser-known figures such as George Cain, lost to obscurity but newly illuminated here. Through its unvarnished relation of Jamison's own ordeals, *The Recovering* also becomes a book about a different kind of dependency: the way our desires can make us all, as she puts it, "broken spigots of need." It's about the particular loneliness of the human experience--the craving for love that both devours us and shapes who we are. For her striking language and piercing observations, Jamison has been compared to such iconic writers as Joan Didion and Susan Sontag, yet her utterly singular voice also offers something new. With enormous empathy and wisdom, Jamison has given us nothing less than the story of addiction and recovery in America writ large, a definitive and revelatory account that will resonate for

years to come.

'Fascinating and timely. Required reading for every developer, planner or councillor who holds London in trust today' Griff Rhys Jones 'Accessible, clear and readable' Rowan Moore, *The Observer*

LONDON: a settlement founded by the Romans, occupied by the Saxons, conquered by the Danes and ruled by the Normans. This unremarkable place - not even included in the *Domesday Book* - became a medieval maze of alleys and courtyards, later to be chequered with grand estates of Georgian splendour. It swelled with industry and became the centre of the largest empire in history. And rising from the rubble of the Blitz, it is now one of the greatest cities in the world. From the prehistoric occupants of the Thames valley to the preoccupied commuters of today, Simon Jenkins brings together the key events, individuals and trends in London's history to create a matchless portrait of the capital.

'A vivid and deeply well-informed account of London's history' Charles Saumarez Smith, Professor of Cultural History, Queen Mary University of London 'Extremely informative and witty' Roy Porter, author of *London: A Social History on Landlords to London* 'A short, invigorating gallop over two and a half thousand years' Scotsman on *A Short History of Europe*

A celebration of the brave, drunken pioneers who built our civilization one seemingly bad decision at a time, *A Brief History of Vice* explores a side of the past that mainstream history books prefer to hide. History has never been more fun—or more intoxicating. Guns, germs, and steel might have transformed us from hunter-gatherers into modern man, but booze, sex, trash talk, and tripping built our civilization. Cracked editor Robert Evans brings his signature dogged research and lively insight to uncover the many and magnificent ways vice has influenced history, from the prostitute-turned-empress who scored a major victory for women's rights to the beer that helped create—and destroy—South America's first empire. And Evans goes deeper than simply writing about ancient debauchery; he recreates some of history's most enjoyable (and most painful) vices and includes guides so you can follow along at home. You'll learn how to:

- Trip like a Greek philosopher.
- Rave like your Stone Age ancestors.
- Get drunk like a Sumerian.
- Smoke a nose pipe like a pre-Columbian Native American.

"Mixing science, humor, and grossly irresponsible self-experimentation, Evans paints a vivid picture of how bad habits built the

world we know and love."—David Wong, author of *John Dies at the End*

This is the history of temperance and prohibition as you've never read it before: redefining temperance as a progressive, global, pro-justice movement that affected virtually every significant world leader from the eighteenth through early twentieth centuries. When most people think of the prohibition era, they think of speakeasies, rum runners, and backwoods fundamentalists railing about the ills of strong drink. In other words, in the popular imagination, it is a peculiarly American history. Yet, as Mark Lawrence Schrad shows in *Smashing the Liquor Machine*, the conventional scholarship on prohibition is extremely misleading for a simple reason: American prohibition was just one piece of a global phenomenon. Schrad's pathbreaking history of prohibition looks at the anti-alcohol movement around the globe through the experiences of pro-temperance leaders like Vladimir Lenin, Leo Tolstoy, Thomás Masaryk, Kemal Atatürk, Mahatma Gandhi, and anti-colonial activists across Europe, Asia, Africa, and the Middle East. Schrad argues that temperance wasn't "American exceptionalism" at all, but rather one of the most broad-based and successful transnational social movements of the modern era. In fact, Schrad offers a fundamental re-appraisal of this colorful era to reveal that temperance forces frequently aligned with progressivism, social justice, liberal self-determination, democratic socialism, labor rights, women's rights, and indigenous rights. Placing the temperance movement in a deep global context, forces us to fundamentally rethink its role in opposing colonial exploitation throughout American history as well. Prohibitionism united Native American chiefs like Little Turtle and Black Hawk; African-American leaders Frederick Douglass, Ida Wells, and Booker T. Washington; suffragists Elizabeth Cady Stanton, Susan B. Anthony, and Frances Willard; progressives from William Lloyd Garrison to William Jennings Bryan; writers F.E.W. Harper and Upton Sinclair, and even American presidents from Thomas Jefferson and Abraham Lincoln to Theodore Roosevelt and Woodrow Wilson. Progressives rather than puritans, the global temperance movement advocated communal self-protection against the corrupt and predatory "liquor machine" that had become exceedingly rich off the misery and addictions of the poor around the world, from the slums of South Asia to the beerhalls of Central Europe to the Native American reservations of the United States. Unlike many traditional "dry"

histories, *Smashing the Liquor Machine* gives voice to minority and subaltern figures who resisted the global liquor industry, and further highlights that the impulses that led to the temperance movement were far more progressive and variegated than American readers have been led to believe.

A spirited new translation of a forgotten classic, shot through with timeless wisdom Is there an art to drinking alcohol? Can drinking ever be a virtue? The Renaissance humanist and neoclassical poet Vincent Obsopoeus (ca. 1498–1539) thought so. In the wine-lands of sixteenth-century Germany, he witnessed the birth of a poisonous new culture of bingeing, hazing, peer pressure, and competitive drinking. Alarmed, and inspired by the Roman poet Ovid's *Art of Love*, he wrote *The Art of Drinking (De Arte Bibendi)* (1536), a how-to manual for drinking with pleasure and discrimination. In *How to Drink*, Michael Fontaine offers the first proper English translation of Obsopoeus's text, rendering his poetry into spirited, contemporary prose and uncorking a forgotten classic that will appeal to drinkers of all kinds and (legal) ages. Arguing that moderation, not abstinence, is the key to lasting sobriety, and that drinking can be a virtue if it is done with rules and limits, Obsopoeus teaches us how to manage our drinking, how to win friends at social gatherings, and how to give a proper toast. But he also says that drinking to excess on occasion is okay—and he even tells us how to win drinking games, citing extensive personal experience. Complete with the original Latin on facing pages, this sparkling work is as intoxicating today as when it was first published.

Alcohol is a killer—1 of every 13 deaths in the United States is alcohol-related. In addition, 5 percent of the population consumes 50 percent of the alcohol. The authors take a close look at the problem in a "classy little study," as *The Washington Post* called this book. *The Library Journal* states, "...[T]his is one book that addresses solutions....And it's enjoyably readable....This is an excellent review for anyone in the alcoholism prevention business, and good background reading for the interested layperson." *The Washington Post* agrees: the book "...likely will wind up on the bookshelves of counselors, politicians, judges, medical professionals, and law enforcement officials throughout the country."

THE PERFECT GIFT FOR ANYONE WHO ENJOYS A TIPPLE . . . OR TWO . . . OR TEN! Almost every culture on earth has drink, and where there's drink there's drunkenness. But in every age and in

every place drunkenness is a little bit different. Tracing humankind's love affair with booze from our primate ancestors through to Prohibition, it answers every possible question: What did people drink? How much? Who did the drinking? Of the many possible reasons, why? On the way, learn about the Neolithic Shamans, who drank to communicate with the spirit world (no pun intended), marvel at how Greeks got giddy and Romans got rarsed, and find out how bars in the Wild West were never like the movies. This is a history of the world at its inebriated best. 'This book is a laugh riot. I mean the way the author has presented it is hilarious and to the point' Goodreads Reviewer 'Highly entertaining. Cheers! Bottoms up! Good health!' Goodreads Reviewer 'It can make a good gift for someone with a sense of humour and appreciation for the magical powers of alcohol' Goodreads Reviewer

Alcoholism, as opposed to the safe consumption of alcohol, remains a major public health issue. In this accessible book, Robert Dudley presents an intriguing evolutionary interpretation to explain the persistence of alcohol-related problems. Providing a deep-time, interdisciplinary perspective on today's patterns of alcohol consumption and abuse, Dudley traces the link between the fruit-eating behavior of arboreal primates and the evolution of the sensory skills required to identify ripe and fermented fruits that contain sugar and low levels of alcohol. In addition to introducing this new theory of the relationship of humans to alcohol, the book discusses the supporting research, implications of the hypothesis, and the medical and social impacts of alcoholism. *The Drunken Monkey* is designed for interested readers, scholars, and students in comparative and evolutionary biology, biological anthropology, medicine, and public health.

The New York Times Bestseller "There aren't many books this entertaining that also provide a cogent crash course in ancient, classical and modern history." -Los Angeles Times *Beer, wine, spirits, coffee, tea, and Coca-Cola: In Tom Standage's deft, innovative account of world history, these six beverages turn out to be much more than just ways to quench thirst. They also represent six eras that span the course of civilization—from the adoption of agriculture, to the birth of cities, to the advent of globalization. A History of the World in 6 Glasses tells the story of humanity from the Stone Age to the twenty-first century through each epoch's signature refreshment. As Standage persuasively argues, each drink is in fact a kind of technology, advancing culture and catalyzing the intricate interplay of different societies. After reading this enlightening book, you may never look at your favorite drink in quite the same way again.*