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## C5B - ANIYAH SIMMONS

"What makes A Body of Work a must-read is the raw honesty with which Hallberg describes the intense loneliness of a jet-setting career, his oscillation between extreme perfectionism and uninspired listlessness, and his harrowing mindset as he faced, and ultimately overcame, what was nearly a career-ending injury." (Dance Magazine)

**A Body of Work: Dancing to the Edge and Back: David ...**

**Don't Miss Western Desert Dance's "Body of Work" - Wyo4News**

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**Body of Work: DANCING TO THE EDGE AND BACK Book Review**

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The human body is a marvelous machine, one that can withstand a ridiculous amount of strain while constantly healing itself and resetting. It can accomplish eno Body of Work: Dancing to the Edge and Back --is a dazzling autobiography of the life of a dancer from childhood and through injury.

They say dancing is a lonely life and David Hallberg's book confirms that suspicion. Hallberg is still very active in the ballet world so obviously he is discreet. Every colleague and artistic director is wonderful.

**A Body of Work | Book by David Hallberg | Official ...**

A Body of Work is a compelling read, not just for dancers, aficionados of dance, and fans of David Hallberg, but for anyone who would like to get to an intimate view of the creative process and the...

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Body of Work dance company encourages free movement and individuality within each student, as we all have something unique and new to offer. Email bowdanceco@gmail.com or visit our website for more information

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Don't Miss Western Desert Dance's "Body of Work" March 8, 2019 Western Desert Dance presents Body of Work, concert dance pieces choreographed by Western faculty, guest faculty, and students.

**Body of Work, Dancing to the Edge and Back by David ...**

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Choreographer: Carley Conder Cast: Danielle Feinberg, Stephanie Lebedies, Jordan Daniels, Joan Rodriguez, Taimy Miranda Phoenix Art Museum (January 2019) Tempe Center for the Arts (January 2019) SoloDuo Fest produced by White Wave Dance Company, Dixon Place, NYC (June 2018)

### **Body of Work | CONDER|dance**

I work on a different part of my body every day. One day it's my biceps, then my shoulders, then my back." Pilates: 3 daily exercises developed with a teacher to strengthen her abs and the weak areas in her legs, including contractions for the muscles in her thighs and work with a Pilates cushion.

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